

North Coast

Journal

of Politics, People and Art

HUMBOLDT COUNTY, CALIF. • FREE

Thursday Jan. 25, 2018

Vol XXIX Issue 4

northcoastjournal.com

SLIM PICKINS'

The closing of
Hoopa's only grocery store
has made fresh produce hard
to find and exacerbated
health problems

10 Free falling

12 Poisoned owls

22 #WinCoStrong

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\$9,995



47,313 miles
#336846

2016 Ford Focus SE Hatchback

\$10,995



38,736 miles
#213755v

2013 Honda Accord

\$11,995



99,000 miles
#012187

2017 Hyundai Elantra SE

\$12,995



38,178 miles
#095074

2015 Hyundai Sonata SE

\$13,995



40,996 miles
#118248

2015 Ford Fusion SE

\$14,995



31,212 miles
#184411

2011 BMW 3 Series 328i Convertible

\$16,995



Hardtop
23,289 miles
#544767

2013 Kia Optima Limited SX

\$17,995



42,312 miles
#221770

2017 Dodge Journey SXT AWD

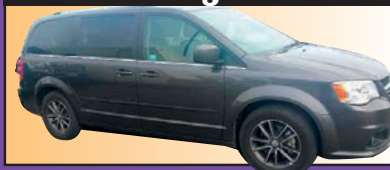
\$17,995



15,321 miles
#574317

2017 Dodge Grand Caravan SXT

\$19,995



25,684 miles
#558078

2017 GMC Acadia SLE 4D

\$26,995



15,946 miles
#265017

2012 Toyota Tundra LTD 4x4

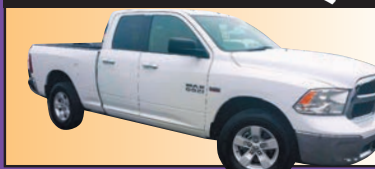
\$26,995



108,000 miles
#246133

2016 Ram 1500 Quad Cab SLT

\$26,995



4x4
39,613 miles
#229144

2012 Toyota Tacoma SR5 TRD 4x4

\$27,995



V6, Manual, Double Cab
58,851 miles #044891

2015 Chevy Camaro SS

\$28,995



V8 Manual
16,203 miles
#158884

2013 Chevrolet Silverado 1500 Crew Cab LT

\$29,995



71,046 Miles
#130709

2012 Chevrolet Silverado 2500 HD Crew Cab LTZ

\$38,995



Z71 Off-Road Pkg
91,527 Miles #208293

2011 Chevy Silverado 2500 HD

\$40,995



4x4
73,826 miles
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Photo by Jillian Butolph

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On the Cover

Photo courtesy of Food for People.

Mailbox

Teachers Left Out

Editor:

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All of this work helps to shift attitudes on the inside and outside, recognizing that most people who are incarcerated will eventually return to society and they need tools to be able to meet that prospect positively and creatively, as we all do.

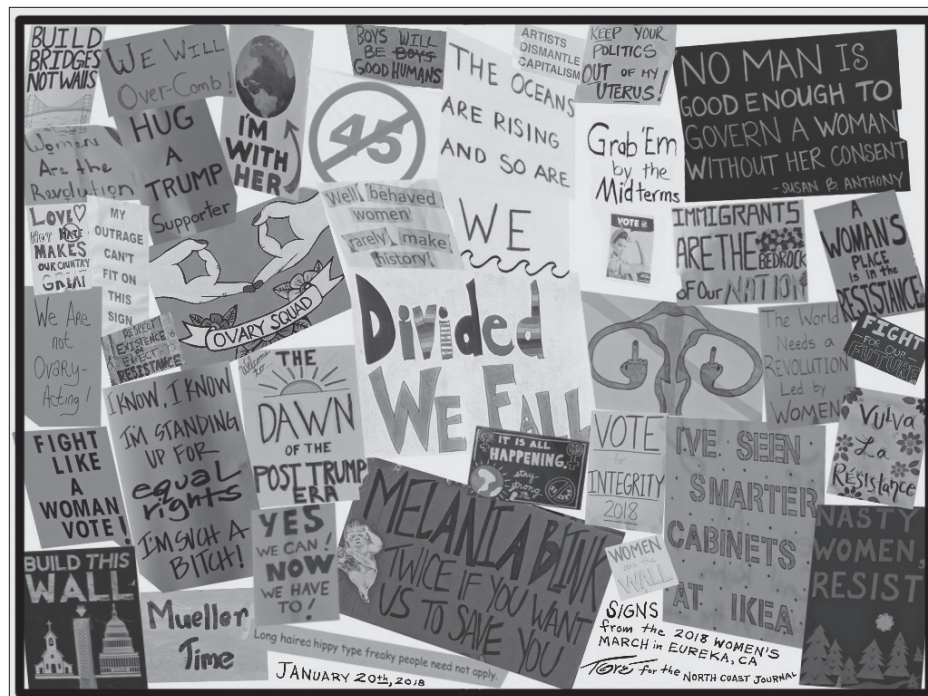
Zuzka Sabata, Blue Lake

It's Complicated

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Thank you for publishing Assemblyman Jim Wood's "Setting the Record Straight" views piece (Dec. 28) on the single payer health care bill (Senate Bill 562). He clearly states he and other assemblymembers want a single payer healthcare system. It was refreshing that he admitted it's a complicated issue and placed trust in his constituents to comprehend its complexities. He did not say there were insurmountable obstacles (Carol Moneé, Jan. 11, letter to the editor), nor that private healthcare "administrative costs" were lower than Medicare government costs (Patty Harvey, Jan. 11, letter to the editor). He detailed challenges moving forward with achieving single payer insurance, in which he believes and supports.

In my opinion, some constituents' passion



Terry Torgerson

for single payer healthcare overwhelms their rational ability to understand the complexity of the associated issues. I believe Assemblyman Wood is committed to single payer and working hard to deal with the facts and challenges involved. He needs his constituents' help and support to be successful, not their unfair criticisms.

Pat Lydon, Ferndale

Editor:

Thank you, Ken Miller (Mailbox, Jan. 18), for your spot on letter about single payer as well as the article by Kathryn Donahue ("Healthcare Access is a Human Right," Jan. 18). We need to be having this public discussion now to push forward the reality of our state adopting this.

I just finished signing up for a MediGap plan as I am beginning to receive Medicare Part B this month and need the gap plan so that I am well covered. For those who are touting Medicare for a single payer health care plan, it's going to cost me \$250 a month, oh yeah, because I didn't mention that I had to buy a prescription drug plan as well. If you don't sign up for plans in the beginning of the enrollment period, you are penalized with higher premiums. This is all happening as I am starting to collect Social Security, so my income is less too. The rules are many, it's all pretty daunting and not designed for the people. I would propose that we fight for a system like VA healthcare.

I know it isn't perfect but we would all be covered with no copays or deductibles. I would be happy to pay a tax or premium to have that kind of healthcare and have the peace of mind not to have to worry about whether some treatment is covered if I have a serious health issue, especially as I am getting older. Healthcare is one of the areas of our collective lives that should not be for-profit simply because then someone's profit becomes more important than our

health. Healthcare should be available to all regardless of income.

Oh, and did I mention that I need to get some extensive dental work and will be going down to Mexico to have it done because the cost is totally out of sight here? There are droves of people going there to have medical and dental work done because of the high cost of health care in the United States. There is something wrong with this picture and we must change it.

Lynn Kerman, Eureka

Editor:

Assemblyman Jim Wood, in his Dec. 28 views piece in the North Coast Journal raises numerous questions about S.B. 562, The Healthy California Act. He points out that a single payer system for California might well need a payroll tax that would be difficult to pass. He mentions that integrating such a system with existing veteran's benefits and Medicare would be extremely complicated and that it would probably need cooperation from the Trump administration, which it is unlikely to get.

All this is extremely frustrating to those of us who know that the citizens of virtually every other advanced country get better healthcare at much lower costs. Those who decry government bureaucracy should remember that the current "system" requires healthcare providers to deal with dozens if not hundreds of separate private bureaucracies, each with its different rules and red tape.

Obamacare was a considerable help to our healthcare problem but it was essentially a Band-Aid, and we did not get the public option (thanks to Joe Lieberman) that a majority of Americans wanted. Public opinion clearly is losing patience with our inefficient, ramshackle system. Did everyone notice the rather astounding news that the average lifespan in the U.S. has actually decreased the last two years?

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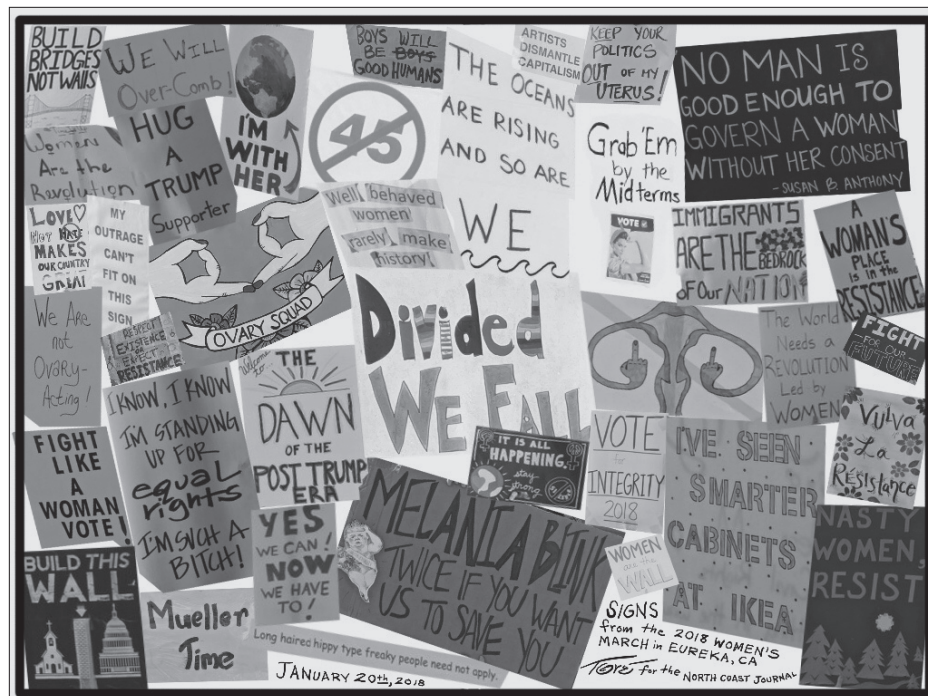
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In my opinion, some constituents' passion for single payer healthcare overwhelms their rational ability to understand the complexity



Assemblyman Wood has promised that his select committee on universal health-care intends to "... produce, early next year, actionable recommendations that could be used to develop a comprehensive and workable healthcare system for all." We eagerly await their report and if it fails to deliver on that promise, they should be forcefully reminded that they were not elected just to do the easy stuff.

Bruce Will, Hydesville

Editor:

As I listen to the brewing battles over children's health care (CHIP), Medi-cal, Medicare, and now, the employers' insurance mandate, I am saddened and baffled. Our current system divides us into competing small groups where we fight for the small Band-Aid of healthcare for our particular group instead of addressing the larger systemic illness of our healthcare system as a whole.

The reality is that our health, as members of a society, is interrelated. A child needs healthcare *and* needs the parent who cares for her to have healthcare. The employees of large companies need affordable healthcare they can keep if the job ends or if employers are no longer required to insure them (as Congress is now discussing). Insured taxpayers benefit from hospital emergency rooms that are not overflowing with the uninsured desperately seeking primary care. Our mutual community safety is enhanced if drug addicts can easily get treatment. We are all in this leaky boat together.

I have heard the argument, "Why make people pay for healthcare they don't need?" But the reality is that health is largely unpredictable and once you need it, it is too late. None of us can fully predict the accident nor the surprising illness that can wipe out our financial safety net (including much touted Health Savings Accounts) in the matter of one hospital visit. Single payer could solve many of these problems, as all of us would be covered in one efficient cradle-to-grave system.

Opponents of single payer say the current bill, S.B. 562, does not address funding. There is actually a research-backed funding plan connected to it. But if that is deemed inadequate, I urge our legislators to take it off the shelf and work on it. Our national healthcare system is being rapidly dismantled. I want the California Legislature to take the next step now to create a state alternative.

Please read www.healthycaliforniaact.org. If you agree, please let our legislators (Democrats especially) know you want them to work on this bill now. Currently, it is Democratic representatives who are in control of the process and need to hear your voice.

Cathy Chandler-Klein, Eureka

A Monumental Defense

Editor:

The hateful statements about President McKinley in the NCJ (Mailbox, Dec. 14), prompt my response in his defense. He is accused of being a white supremacist who condoned lynching and committed genocide, yet he risked his life many times for the abolition of slavery. Enlisting as a private at

18, he performed heroically at the Battle of Antietam, the bloodiest day of the war, and was commissioned a lieutenant.

This victory, which cost 12,000 Union casualties (and 10,000 Confederates), enabled Lincoln to issue the Emancipation Proclamation. McKinley fought in the Shenandoah Valley under Sheridan in 1864, at Winchester and Cedar Creek, finishing the war as a major. He became a lawyer and defended striking

workers before being elected to Congress in 1876. McKinley favored American interests and protective tariffs to promote U.S. productivity. His popularity got him elected president in 1896. He resisted war with Spain over Cuba but, after the 1898 destruction of the battleship *Maine*, Hearst's "yellow journalism" caused a nationwide demand for it that McKinley succumbed to.

Continued on next page »

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Mailbox

Continued from previous page

Cuba was given its independence while Puerto Rico was retained. In the Pacific, the seizure of islands by the European powers resulted in the U.S. annexation of Hawaii, Samoa, Guam and others. In the Philippines, an American force overthrew Spanish power in 1898 but faced attacks by Philippine rebels in 1899 that led to a vicious guerilla war with large scale atrocities that continued after McKinley's death. McKinley was thus caught up in events beyond his control, like many of the presidents who followed him, up to the present time.

In 1901, President McKinley was assassinated by an anarchist. Shot in the stomach, he died after eight days in agony. To remove his statue from an American town 117 years later is to grant victory to his terrorist murderer.

John Brown, Mattole Valley

Drilling Down

Editor:

Regarding your Jan. 11 article, "Trump Admin Releases Draft Plan to Open North Coast Waters to Oil Drilling," it's almost incomprehensible how relentlessly outrageous, unstable, inept and reckless Trump is.

Indeed, "the greatest threat facing the United States is its own president" (as David Rothkopf wrote in the *Washington Post*). Trump's all-out assault on environmental protection is certainly part of that threat.

Fortunately, there are important perspectives about how we can be proactive about this tragic state of affairs, such as those articulated by Naomi Klein in her urgent and compelling book, *No Is Not Enough*. We, in our various communities, can evolve and grow up in a crisis, set aside fallacies and work for a common goal. Ms. Klein speaks of how this is true for whole societies as well. Faced with a shared trauma, or a common threat, communities can come together in defiant acts of sanity and maturity.

Remember when Argentina said no? In 2001-2002, Argentina was in the grips of a severe economic crisis. A great gathering of people found its voice of protest. A rebellious cry rose up from the crowds of grandmothers, high school students and unemployed factory workers, their words directed at the politicians and the bankers: "*Que se vayan todos!*" — everyone must go!

Then something strange and wonderful started to happen: neighbors began to talk to each other. To think together. Hundreds of "neighborhood assemblies" formed, small and large. Many of those first assemblies were as much group therapy as political meetings.

So far, Trump's shock tactics aren't disorienting the opposition. Instead they are waking people up, in the U.S. and around the world. We can dream big, out loud, in public. We can come together and make an evolutionary leap.

We need the optimism that another world is possible.

"The key to the future of the world, is finding the optimistic stories and letting them be known," as Pete Seeger said.

Or as Barack Obama said, "Something better awaits us so long as we have the courage to keep reaching, to keep working."

*Seabury Gould,
Arcata*

Editor:

This has been a hard year for me (and so many people) because we have been stiffed. The Trump administration is an illegitimate government peddling "alternative facts" to defile our Constitution. Truth and justice have been replaced with lies and corruption. We live in two divergent universes. Chaos and division stoke global anxiety and depression. There is no joy in Mudville.

It isn't easy to relax and "wait and see" what happens. I need to stand up for our country, for truth and justice, and for the women and men who have been duped.

Our democracy has been stolen. Vladimir Putin owns Donald Trump. "The blizzard, the blizzard of the world has crossed the threshold and it has overturned the order of the soul," as Leonard Cohen wrote in "The Future."

Republicans, Democrats, Independents and Americans with no particular political affiliation need to stand up and speak out against inequality and abuse of power.

My heart breaks to see what is happening in our beautiful country. "I'm searching for a heart, searching everyone, they say love conquers all, you can't start it like a car, you can't stop it with a gun," Warren Zevon wrote in "Searching for a Heart."

The fortune on my teabag says, "If you do everything out of sheer compassion, you will never be wrong." May we be kind and compassionate with each other and may truth and justice prevail.

April Jones, Arcata

Not Impressed

Editor:

Huffman talks of being cordial ("Congressional Chat," Jan. 18), yet his first act to a new president is to boycott his inauguration. I dunno, seems a strange way to offer a welcoming hand? And then he wants more gun control, as if that will solve gun violence by

Women's March 2018

We are the revolution we are
dinosaurs daydreams mothers lovers fighters
we are more than the sum of

black white skin birthplace gender sex or
even

our stories
We are blood and fire and nebulas
bursting

if nothing else,
we must
burn

out
bright

—Amy Fontaine


criminals. And this is coming from a guy who works and lives in the most gun protected environment in the world. He is surrounded by armed guards protecting him in D.C. Yet he does not seem to want my family to be as safe as he is every day? Sitting on the floor of the House eating pizza for a "kumbaya" moment is not a sit-in. Nothing like sitting in at a lunch counter in Hattiesburg, Mississippi, in 1966. Yeah Congressman, been there, so your little protest just doesn't impress me. He seems okay with continuing Obamacare despite all the problems it have caused my family that I have written him about. And why should some young healthy person have to pay for the care of my wrinkly old ass? Isn't the "mandate" just another word for redistribution?

Then the question about Last Chance Grade falling into the Pacific. Good question. And the usual answer we hear from politicians, "it is under federal study", or, "I will take it under advisement," etc. In other words, "I have no idea when it will get done." Why not just say that instead of trying to BS us?

Glad to have these questions asked by the *Journal*, 'cause I have tried for years to get answers with no luck. More than a 100 emails sent requesting a simple yes or no response with no answers so far. So thanks to the reporter for the work. All these reasons are why I am supportive of term limits. They just get too comfortable in D.C., do little except worry about their next re-election and fundraising. The Founding fathers never wanted these seats to be a permanent career for anyone. Maybe if they knew they had a limited time in office, real things might get done.

I dunno, just thoughts from a frustrated 72-year-old citizen who has heard the same thing for far too long from our "representatives."

Eric Cortez, Eureka



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*Contact your school should you miss the priority deadline.



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Mailbox

Continued from previous page

close to the county water supply intake. On Jan. 11, the general manager of the Humboldt Bay Municipal Water District warned the county that approving a proposed site-zoning change from "ag-general" to "resource-related industrial" opens the door to potentially widespread drinking water impacts from any accidental hazardous material releases. He said, "There may be no bigger issue brought before this Planning Commission this year ... that deals with health and safety and welfare, than protecting ... the source water for the public drinking water system."

In response, the planning commission merely pointed to the General Plan's "heavy-industrial" designation, stated the site zoning had to be consistent with it, and proceeded to OK it with a majority vote.

Isn't government supposed to ensure that our water is OK? With all the lead poisoning in the national news, you would think cool heads would prevail and make sure our county water supply is safe, no matter what! I am so glad that the head of the Humboldt Bay Municipal Water District was trying to keep us safe but I am also stunned that a public health concern of this magnitude was greeted by a rubber stamp from the county planning commission.

Apparently, there are currently 30,000

gallons of diesel fuel stored there now. In an earthquake, would we have diesel coming out of what remains of our taps? I don't know about you, but this seems irresponsible in the extreme to me. Rather than approving this change, the planning commission could have found a way to create mitigations for this and any other industrial waste risks on the site.

The planning commission answers to the county board of supervisors. I urge the supervisors to direct planning staff to come up with creative ways to solve this problem and ensure the safety of our water supply now and in the future. If the General Plan has a mistake, there must be a way to fix it.

Margaret Draper, Arcata

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday.



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News



The Mateel's annual Thanksgiving community dinner.

Photo courtesy of Agnes Patak

Mateel Talks Bankruptcy

New board members enter
as financial troubles deepen

By Kelley Lincoln

newsroom@northcoastjournal.com

The depths of the Mateel Community Center's financial woes continued to sink in at the January board meeting as newly sworn in members immediately faced a creditor's demand and a discussion of bankruptcy protection options.

The Mateel's deep financial trouble bubbled into public view last fall when the Southern Humboldt community institution reported it had lost \$140,000 on last year's Reggae on the River festival, historically the fundraiser that buoys the nonprofit's budget for the year. The loss resulted in a \$430,000 budget deficit, coupled with more than \$140,000 in outstanding debt, that has put the 30-year-old nonprofit on the brink of insolvency, prompting it to cut staff back to "essential hours" and reduce services.

During the finance committee report at the meeting earlier this month, board President Garth Epling told his fellow board members that an unpaid vendor was about to go after his and the Mateel's assets for a debt stemming from last year's Reggae on the River festival. The Mateel had an un-

paid bill of \$30,000 with Sysco, a multinational food distribution corporation, plus an additional \$10,000 in late penalties and collection fees, as well as potential legal fees associated with the debt.

On Jan. 16, Epling received a demand for payment by Jan. 18. If he failed to make good on the Mateel's debt, the demand warned, Sysco would begin legal action to go after the Mateel Community Center's assets and his own, "individually, solely and separately."

Epling's liability arises out of a last-minute refrigerated truck rental for Reggae on the River in 2014. The contract Epling signed "on the dusty hood of a truck in the pre-show chaos" contained a promissory note. Although the Mateel completely paid its 2014 bill and closed that contract, Sysco used the promissory note from that truck rental to hold Epling personally liable for bills incurred three years later.

Epling, upon receipt of this correspondence, consulted an attorney and learned it was going to take a court fight to remove his personal liability and the Mateel would remain in jeopardy of an asset



Kabaka Pyramid plays the Mateel.

File

forfeiture, so he has used \$30,000 from a family trust and board members agreed to donate the remaining \$10,000 to pay off Sysco and stop further action.

As the seriousness of this settled in, board members began entertaining the Mateel's options and opportunities under bankruptcy law as a 501(c)(3) nonprofit. Stephen Helliwell, a financial counselor and newly elected member of the board began giving the board financial advice before he was even officially seated. Helliwell told them 501(c)(3) corporations are eligible for Chapter 11 bankruptcy protection, which allows entities to restructure debt while protecting their assets. However, he warned "most organizations fold before they do that."

The board keeps putting one foot in front of the other to keep the Mateel operating. With a sigh of relief, Epling reported the Mateel has money on hand to pay to file its 2015 audit with the California Attorney General's Office of Charitable Trusts and stave off the potential suspension or revocation of its nonprofit status. Before the meeting, the Mateel also received word that the Humboldt Area Foundation had awarded it \$5,000 to use for financial planning and consulting.

After the meeting adjourned, board member Meghan Gomes said the foundation will help the Mateel set up a meeting with a financial advisor and she hoped that process will move quickly.

Regarding Reggae, which the Mateel has previously indicated it will look to sell or lease out, the board reported it is currently in the third round of negotiations with a "partner" for next year's festival. The board offered few details but reported that if a

contract is entered, the partner, and not the Mateel Community Center, will be the producer of Reggae on the River 2018. Board member Dusty Hughston said an agreement needs to be reached within three weeks or the show cannot happen.

The Mateel is currently planning to hold its annual Summer Arts and Music Festival in June. Business sponsorship for the event has begun coming in and the board envisions a small, local incarnation of the festival, with plenty of community dance troupes, kids' performances and tweener musicians. The board says the focus will return to families and community.

The next steps in planning that festival, the board reported, are contacting unpaid vendors to update them on the Mateel's financial situation and determining if payment plans can be developed with them. After those conversations, the board plans to begin a media and publicity campaign.

At its Jan. 18 meeting, the board encouraged the fundraising committee to begin an emergency pledge drive for the \$40,000 to reimburse the Sysco bill. The committee immediately started the "Garth and Goliath" campaign and Epling began personally reaching out to friends and community members. In addition to an online donation page — www.youcaring.com/helpgarth — the Southern Humboldt Community Credit Union has an account — #13597-54 — set up to field donations.

Gomes says that community members, after a bit of a holiday lull, continue to come forward to help with the Mateel's various fundraising campaigns, offering what they can.

Nicole Divine has spearheaded an auction of redwood sculptures by Sacco

to benefit the nonprofit. The larger-than-life-size sculptures have been on display at the SoHum Art Gallery beneath Cecil's, the Stone Junction in Garberville. Interested people can call 223-5409 to place bids and learn where the carvings go next. The auction will be completed at the Feb. 14 Matisyahu performance. Bidders can place bids by phone until then.

The Mateel Meal, the nonprofit's twice weekly free meal program, was not on the Jan. 18 agenda although when it was suspended as a cost-savings move in the fall, it had been scheduled to return in January.

The topic of transparency was on the agenda but the board discussed the need to sign confidentiality agreements under that topic after a board member had allegedly violated one by talking about a potential Reggae partnership.

When asked about transparency, the board decided that posting its meeting agendas and minutes on the Mateel website will help the community feel more fully engaged with the center. But the board decided to limit minutes to the actions taken to minimize intrusiveness and "micro-combing of the notes."

The meeting was the first for board members who prevailed in last month's elections. In addition to Hughston, who was re-elected, Helliwell and longtime Mateel member Bruce Champie took their seats for the first time. ●

Kelley Lincoln reports for the Redheaded Blackbelt and KMUD News. She has been involved with the Mateel Community Center — volunteering and at festivals — since 2005. A version of this story first appeared on www.kymkemp.com.



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Week in Weed

The Choice is Yours

By Thadeus Greenson

thad@northcoastjournal.com

If you limited your vehicle purchase options to hybrids or electrics, sip only shade grown fair trade coffee and buy clothes only from brands that pay a living wage, it's long since time you took the same approach to your cannabis.

This notion was underscored mightily by a recent study authored by researchers from the University of California at Davis, which found that rodenticides from cannabis farms in Humboldt, Mendocino and Del Norte counties are likely poisoning the federally threatened spotted owl. If the spotted owl doesn't immediately ring a bell, it should — it's one of the species that sent Humboldt County's environmentalists and loggers to war with one another, pitted federal agency against federal agency and prompted regulators to study what would happen if they killed off one of its chief competitors, the barred owl.

In short, lots of effort and lots of ink have been spilled in trying to protect this species that was once abundant in old growth forests of the North Coast but that now only boasts about 550 pairs in all of California.

The new study found that seven out of 10 spotted owls found dead in the field in the tri-county area had rodenticides in their systems, the likely result of the owls feeding on prey that had ingested rat poison found at a cannabis cultivation site. The idea of rat poison from pot grows affecting wildlife isn't new — Mourad Gabriel, the study's lead author, has published numerous works documenting the impacts of these rodenticides on the Pacific fisher. But while fishers are omnivores that could have scurried onto cultivation sites and eaten the poisons, the owls are birds of prey that wouldn't have touched the stuff. This means the owls must have been poisoned by eating mice, rats and other rodents that had ingested the poison.

"It's clear evidence of food web contamination," Gabriel told the *Journal*, adding that if owls were prone to eating poisoned prey species, who's to say the same wouldn't be true of other birds of prey, mountain lions, martens, coyotes and other predators?

And just in case you're imagining these feathery — or furry — little critters just nibbling a bacon-flavored snack before passing away peacefully in their sleep, that's not how this goes. The rat poison in question used on cannabis farms to protect irrigation equipment or crops themselves are what

are called anticoagulant rodenticides. They inhibit animals' ability to recycle vitamin K, making their blood incapable of clotting, leading to uncontrollable internal bleeding and, ultimately, death.

So what's an ethical, eco-groovy cannabis enthusiast to do? Well, the same thing as folks who detest child labor but like nice tennis shoes, live off caffeine but can't stand deforestation or are terrified of the impacts of global warming but need to commute to work: Be an educated consumer.

The only real silver lining in this study is its publication date, which came just a couple weeks after California launched its recreational cannabis regulation system. While we're in the midst of a transition period, this will ultimately allow you, the consumer, to walk into a retail shop and ensure you are buying from a licensed farm that, ostensibly, has opened itself up to site inspections. You can ask your budtender about the farm's practices, about whether laboratory testing results show any residual pesticides. You can research farmers, brands and manufacturers.

In recent weeks, there's been a lot of handwringing on all sides about the sticker shock that's coming with fully legal weed — with the added costs of regulation and compliance and taxes of around 25 percent — and whether consumers will pay for it. Well, as one of my favorite characters on the television show *The Wire* says, "conscience do cost."

So much like that cup of coffee, electric vehicle or locally made pair of shoes, you now own the choice. You can buy that florescent green indoor bud and own the sizeable carbon footprint that comes with it. You can opt for the cheap, black market stuff your friend's cousin grew and swears is clean green and take the chance you helped finance the clearing of a hillside, the dewatering of a stream and the poisoning of some federally threatened species, all while turning your back on the farmer trying to do it right. Or you can pay a chunk more and rest easy that no furry little creatures bled out from the inside in order to get you high.

The choice is yours and yours to own. But ignorance is no longer an excuse. ●

Thadeus Greenson is the *Journal's* news editor. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

Another Squires Building Condemned

The dilapidated apartment building owned by Floyd and Betty Squires at 833 H St. has been boarded up after Superior Court Judge Dale Reinholtsen declined to block the city of Eureka's order for residents to vacate the complex.

The Squireses had requested a temporary restraining order at the Jan. 19 hearing to restrict city officials from entering any of the couple's buildings and "disturbing or evicting" renters after the city condemned the site, citing "extremely hazardous electrical and other violations at the property."

While Reinholtsen told attorneys he didn't have anything before him to "issue a TRO at this point," he did set a Jan. 26 hearing to discuss whether the city had previously agreed to seek his authorization before making such a move, an understanding shared by the Squireses' attorney.

"They are going against what they represented to us, they are going against what they represented to the court the last time, so that's why we are here," attorney Bradford Floyd told the judge.

All of the apartment's residents — some with life-threatening conditions — were able to make other living arrangements, although many are only temporarily sheltered.

Last Friday's hearing in Humboldt County Superior Court was the latest chapter in a legal saga that began seven years ago this month when the city of Eureka filed a lawsuit seeking to wrest away control of 26 properties owned by the couple, saying their management was akin to that of "slumlords."

Reinholtsen appointed what's known as a "receiver" in 2013 to oversee repairs at those properties, but the city has argued that little has changed in the interim, leaving officials no choice but to take proactive measures to protect the public's safety.

The city has boarded up several other properties owned by the Squireses in recent months and torn down two others since August, citing public health and safety concerns.

The parties met at a September hearing on those actions during which, Reinholtsen said, he thought an agreement was made that any code enforcement issue involving the 26 properties would come before him.

Attorney Curtis Wright of the Irvine-based law firm Silver and Wright LLP, which is representing the city in the receivership matter, said the city would not have agreed to limit its ability to protect

A Show of Protest



A handful of girls carried the banner at the front of the Women's March in Eureka on Saturday, Jan. 20. Some 4,000 to 5,000 people turned out for the protest, according to Eureka Police Chief Steve Watson. See the full slideshow at www.northcoastjournal.com.

POSTED 01.20.2018

Photo by Mark McKenna.

public safety.

"The city has proceeded with getting orders from this court, but not necessarily this department," he told Reinholtsen in a phone appearance.

Reinholtsen requested a transcript of a Sept. 12 hearing be compiled to help determine the "propriety of the actions that occurred so far." He noted that the situation could be a matter of semantics or "maybe there was a misunderstanding by

one or both of the parties or the court."

Meanwhile, the city's code enforcement actions are costing the couple — who recently filed for Chapter 11 bankruptcy protection — more than \$25,000 a month in lost rent, exacerbating their financial troubles.

Read the full story at www.northcoastjournal.com.

—Kimberly Wear

POSTED 01.19.18 READ THE FULL STORY ONLINE

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Another Judicial Retirement: Humboldt County Superior Court Judge Dale Reinholtsen has announced he will retire when his term concludes at the end of this year after more than two decades on the bench. Reinholtsen's retirement comes in the midst of a changing of the bench, with Gov. Jerry Brown having appointed replacements for recently retired judges Timothy Cissna and Marilyn Miles. The timing of Reinholtsen's retirement means his replacement will be elected. POSTED 01.22.18

PlanCo Decision Appealed: The Humboldt Bay Municipal Water District is appealing a Humboldt County Planning Commission decision to rezone a parcel along the Mad River in Glendale to accommodate a cannabis extraction operation. The commission's decision came over the objections of the district, which fears the operation could imperil the region's drinking water supply. The Humboldt County Board of Supervisors is slated to decide the appeal Feb. 27. Read more at www.northcoastjournal.com. POSTED 01.22.18

Huff Asks Out of Drilling Plan: North Coast Congressman Jared Huffman joined a pair of colleagues in sending a Jan. 18 letter to U.S. Secretary of the Interior Ryan Zinke opposing the administration's draft offshore oil drilling plan and specifically requesting that it remove California. The draft plan seeks to lease dozens of new oil drilling sites on the continental shelf surrounding the United States, including two in Northern California. POSTED 01.18.18

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Digitally Speaking

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The height in feet of waves along the local coastline on Jan. 18, prompting the U.S. Coast Guard to close the entrance to Humboldt Bay due to high surf with "erratic and unpredictable" waves. POSTED 01.18.18

Comment of the Week:

"This is some stupid fuckery."

—Louis Wilson commenting on the Journal's Facebook page on a post about a proposal to create a "New California" by dividing the Golden State in such a way as to lop off coastal, Democrat-leaning counties to create a largely rural and Republican inland state. POSTED 01.17.18

They Said It:

"We've never before seen the toxic combination of a dysfunctional, incompetent majority in Congress and a President that is completely uninformed, unprincipled and uninterested in the hard work of governing."

—North Coast Congressman Jared Huffman on the federal government shutdown that spanned less than 72 hours. Huffman later voted against the three-week funding measure that re-opened the government because it didn't include protections for Dreamers. POSTED 01.22.18



The lack of a grocery store in Hoopa with healthy food options has been hard on Diane James and her young family.

Photo by Allie Hostler

Slim Pickins'

The closing of Hoopa's only grocery store has made fresh produce hard to find and exacerbated health problems

By Allie Hostler

newsroom@northcoastjournal.com

By the U.S. Department of Agriculture's definition, Hoopa was a food desert long before its only full grocery store packed up and left town in June of 2016.

That month, Ray's Food Place, the only store serving a 40-mile radius in the Klamath-Trinity region, permanently closed its doors due to a rodent infestation and subsequent falling out between its parent company C & K Market and the property owner, the Hoopa Valley Tribe. The store's closure has had reverberating impacts. In addition to leaving more than 6,000 residents — whose average household income (\$29,483) is half that of the state — with few options for finding food, the closure has sapped money from the local economy, stretched family budgets and further exacerbated health problems in the valley. In essence, the grocery store's closure has deepened the socio-economic challenges of an already socio-economically challenged region.

Laura Johnson, a sociology instructor in Humboldt State University's Environmental Studies Department, said food deserts are an issue of environmental racism, through which marginalized and exploited groups are disproportionately denied access to healthy food.

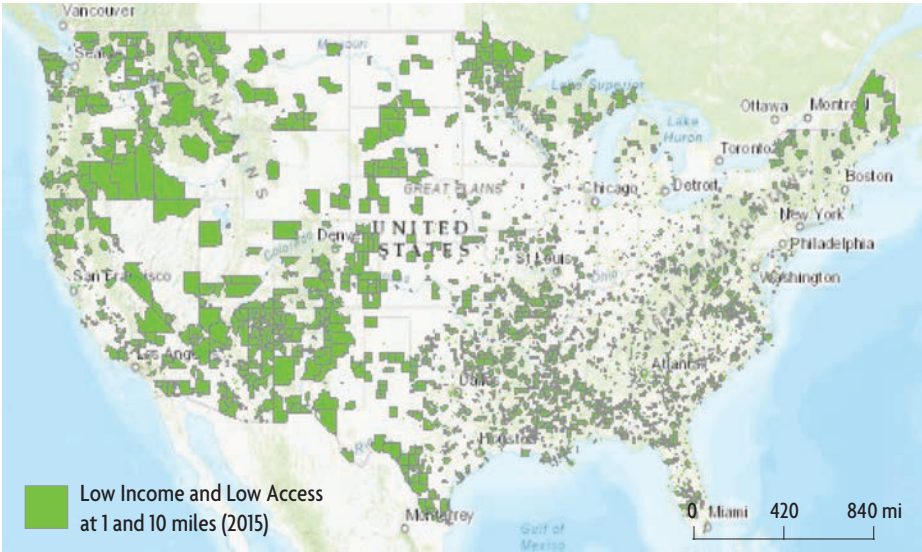
"Truly addressing food deserts from a perspective of food sovereignty would mean more than plopping down a supermarket; it would mean restoring agency to communities like Hoopa to define their own food system, to grow their own food, to have access to clean water and healthy soil, to plant and harvest food central to their cultural world," she said. "Food is much more than food. It's about connection to community, place and self."

Diane James is one of the thousands of Hoopa residents left without easy access to groceries and fresh produce. She is not diabetic but was diagnosed with borderline gestational diabetes during her last pregnancy and to avoid taking medications, she changed her diet dramatically — reducing sugary and high carbohydrate foods — a challenge for a working mom when the nearest store is a gas station mini-mart.

"Everything in the gas station is high in sugar, really high in carbs or frozen," James said. "Just think of the people who are full-on diabetic. They are a lot more sensitive."

According to the Centers for Disease Control, Native populations nationwide are two-and-a-half times more likely to suffer from Type II Diabetes

U.S. Food Security



This map from the U.S. Department of Agriculture maps shows food deserts in the United States. The areas highlighted in green are places with high poverty rates where residents live either more than 10 miles away from a grocery store in rural areas or more than 1 mile away in urban ones.

Source: ers.usda.gov

than non-Hispanic whites. Hoopa's Indian Health Services clinic, K'ima:w Medical Center, has a diabetes prevention program to combat the problem by helping diabetic and pre-diabetic patients manage their diets and design individualized exercise programs.

"The lack of a grocery store has become a major barrier for our patients to access healthy foods," said Alyssa Cooke, the Diabetes Program coordinator, adding that Hoopa's geographic isolation adds to the problem. "Transportation and affordability are also real barriers for a lot of people. People are left with few options."

As of last June, one year after Ray's Food Place in Hoopa closed, about 55 percent of children ages 5 through 17 from the Hoopa area were overweight, putting them at risk of developing diabetes. And 18 percent of adults are diabetic, double the national average. High blood pressure? About 15 percent of K'ima:w Medical Center's adult patients suffer from hypertension.

Cooke provided these statistics to the Hoopa Valley Tribal Council and Greenway Partners — the planning firm contracted by the tribe to coordinate the development of a new grocery store. She hopes the planning process will include efforts to encourage healthier eating habits by improving access, providing education and building awareness. She said the store could feature a special diabetes prevention aisle with products that are sugar free; an area where the preparation of healthy meals and snacks can be demonstrated; coupons for healthy items; flagged areas that warn customers about the unhealthiness of certain products; a natural foods

section; a salad bar and elimination of fried foods in the deli; and a weekly delivery and shuttle service for those who lack transportation.

Similar ideas have echoed throughout the valley over the past year at community meetings, tribal council meetings and among planners.

"Our community's health wasn't all that good to begin with," Hoopa Valley Tribal Chairman Ryan Jackson said. "The lack of a grocery store exacerbates those problems."

After Ray's Food Place closed, the tribe solicited 20 different companies to help bring a grocery store back to Hoopa, including Murphy's Market, Safeway, LACO, Tops Market, WinCo, North Coast Co-op, SaveMart, Parry's Market and others.

"We weren't successful at attracting any existing grocers to bring a store to Hoopa," Jackson said. "We now have the opportunity — that we may not have had if a grocery chain were to come to Hoopa — to affect our community's health by developing our own grocery store."

Hired almost one year ago, Greenway hit the ground running.

Project Manager Kirk Cohune said most grocery store redesigns are on three- to seven-year timelines. Greenway will have been involved for just 14 months total when the store is expected to open this June.

"We have a 20-person staff and five people working exclusively on the store project. We also have 12 staff who are working on the project collaboratively as needed," Cohune said. "Nobody is drag-

Continued on next page »

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On the Cover

Continued from previous page



Food distribution programs have helped Hoopa families with access to fresh produce.

Submitted

ging their feet. We all feel the urgency.”

The project is presently deep in the design and funding phase. There is an approved site plan and exterior plans are completed, with the exception of a few modifications needed to solve parking lot and roadway safety and drainage and electrical issues.

Both Cohune and Jackson said project planning is moving quickly and that a lender is working with the tribe to finalize the terms of a loan. Once the project is financed (its estimated cost is \$5 million), construction bids are expected to be advertised in early February, with construction on the 15,000-foot store beginning in March. A soft opening date is anticipated sometime in June.

In October, the tribe signed a business charter that outlines the store's operations and ownership model. It will be a subsidiary of the tribe and overseen by a board of directors. Last week, the tribe began selecting members for that board and tallying votes on a store naming contest held on social media.

Prior to its closure, Ray's Food Place was generating a sales volume in excess of \$150,000 per week (\$7.8 million annually) and the adjoining small casino benefited from patrons visiting the shopping center. In the wake of Ray's closure, the Hoopa gas station and mini-mart reported \$900,000 in profits last year, up from \$300,000 in the year's prior to the closure. Still, it's believed much of the money previously generated by Ray's is leaving the community and the tribe's revenue from the casino has dipped noticeably.

The new grocery store is expected to help keep more money in the local economy and create at least 20 jobs while also

providing an opportunity for local producers and farmers to sell their products closer to home.

Not only will money and food stay local longer, people will, too.

Christie Jones said her family simply doesn't eat as much fruits and vegetables as they used to.

“We had to buy a freezer for meat. We buy in bulk from Costco. We only have one refrigerator, so we can't get a whole lot,” Jones said. “We make a trip to Eureka weekly for groceries.”

Sunshine Jackson said her fruit and veggie supplies “suck.”

“I never used to shop for produce unless I needed it,” she said. “I waste a lot shopping for it in town. Sometimes I end up not using it and I don't have a lot of time to drive to Willow Creek with two active kids. It's been rough, needless to say, but we're patiently waiting.”

When James was working, she would travel about 55 miles to the coast to stock up on groceries.

“After I went out on maternity leave, my income was more limited so, now, I'm only able to go out for groceries once a month. It's a little harder to make it to the coast,” James said, adding that her family's at least lucky to have a car. “So many others don't have transportation.”

For them, the options are even more daunting. The K-T Net bus runs from Hoopa to Willow Creek and back four times a day, and to Weitchpec twice per day. It connects with Redwood Transit Authority's bus line in Willow Creek for west-bound travelers and to Trinity Transit for those heading east. But a trip to the coast from Hoopa on public transportation is a lengthy affair, totaling up to eight hours.



An artistic rendering of the new 15,000-square-foot grocery store in Hoopa slated to open in June. Submitted

There are smaller grocery stores nearby: a convenience store in Weitchpec, a small grocery store in Orleans, as well as River Song Natural Foods and Ray's Food Place in Willow Creek. But many say they cannot afford to do their day-to-day shopping at those locations and avoid them unless they are in a bind and cannot get to the coast.

All this makes getting a store up and running in Hoopa all the more important, which isn't lost on Greenway.

Once a board of directors is installed, planning for the new store will kick into overdrive. A Greenway subcontractor with 30 years of experience in the grocery construction business will help the board of directors get up to speed and craft a sustainable business plan.

“People ask sarcastically, ‘How hard is it to clean it up, put some food on the shelves and open the store?’” Cohune said. “Well, there's no Ray's or Big T that want to come here and lenders want to feel confident that the business they invest in has undergone a thorough planning process that can project measurable success.”

Immediately following the closure of Ray's, the community mustered an effort to bus people to the coast twice a week for groceries but participation fizzled after a few months and the effort was discontinued. The gas station mini-mart added coolers and additional shelves and began stocking more food items.

Locals have also set up a Facebook page called “Last Minute Grocery Items.” On any given day, you'll see posts like, “Need sour cream for tacos tonight. Is anybody in Willow Creek on their way home?” often to be followed by, “I have some in my fridge, stop by.”



Once a month, Food for People brings a truck full of fresh produce to the valley to give away. It's the only free food supply that isn't income contingent and serves about 140 households in Hoopa, in addition to more than 120 households in surrounding areas like Weitchpec, each month. Other programs, like the federally funded tribal food distribution program and the Hoopa Family Resource Center's food box giveaways, are accessible once per month by income-eligible families.

Fresh, organically grown vegetable shares are available once a week from the Klamath-Trinity Resource Conservation District's Veggie Club for \$15. The fee can now be paid with SNAP benefits.

Still, for most families in Hoopa and the surrounding communities, June can't come soon enough.

Heather Campbell said she ends up fixing "fast food" more than she'd like because she doesn't have the hour it takes to go to Willow Creek and back after work.

"Our diets improved in summer and throughout the harvest months," Campbell said. "And maybe there's been one positive to come out of this — more people have grown their own food and have gone back to hunting, fishing and gathering. Not all though, and this land, as it stands now, likely cannot sustain our population for an extended period of time. For now, and especially in winter, everyone's diet is suffering. ... We need better food available closer to home."

Allie Hostler is the news editor at the Two Rivers Tribune, a small weekly newspaper serving the Klamath Trinity region of Humboldt, Trinity and Siskiyou counties.

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Clockwise from left: Jenna Donahue as Goneril, Nicole Halvorsen as Cordelia, Kim Haile as Regan and Scott Osborn as King Lear. Courtesy of North Coast Repertory Theatre

Crowns and Coke

An '80s *King Lear* at NCRT

By David Jervis

frontrow@northcoastjournal.com

The meaning of the word “Shakespearean” is elusive when tossed around by wags and pundits, and it’s occasionally used with a little laziness. It’s dispatched to label something as being multi-layered, and also looking deep into the souls of people who are contradictory and perhaps doomed of their own making.

King Lear has great fame, if a little less

heft than *Macbeth* and *Hamlet* in the pantheon of the Bard’s dark stories. It certainly hasn’t dropped out of sight; *Lear* has been staged for centuries, adapted on film aplenty and served as a template for countless works. And now that it’s onstage at the North Coast Repertory Theatre, one is powerfully reminded how something can be so gloomy and lively and relevant all at once.

Director Tyler Egerer, in his debut at the helm, sets the play in the 1980s. This is a decade ripe for nostalgia, though less so for me, having lived through it in my formative years. That said, you could hardly land a better era in which to set a modern dress-staging of *King Lear*. In the collective memory, that decade’s touchstones include greed, avarice, excess and ruthless acuity. For a tale of the cunning daughters and courtiers of this aging monarch, this is a very good fit indeed.

King Lear (a great Scott Osborn), in the twilight of his reign, decides to divide his fortune and realm among his three daughters. Nice as this may sound, it’s immediately clear it’s not as simple as that. The king cherishes most his youngest daughter, Cordelia (Nicole Halvorsen) but it is her outspokenness that leads him to angrily disinherit her and divide what remains between Regan (Kim Haile) and Goneril (Jenna Donahue). For much of the arc of the story, Goneril and Regan are interesting counterpoints in their scheming. As Albany, Goneril’s husband, a very sharp Christopher Monero is great throughout and Donahue does a particularly good job at exuding a certain royal haughtiness and privilege, always making the best of the scenes she’s in.

To say too much more about the story of *King Lear* would be pointless; one either knows this story well or not, and if you fall in the latter camp it’s best to see what unfolds over the two acts. Watching what comes of the daughters’ plans and various betrayals, as well as the actions of other characters as the king becomes more withdrawn, is a compelling and visceral experience.

Among the supporting cast, Brad Harrington as Lord Gloucester and Emma Johnstone as Edda, doing a gender swap for Gloucester’s son Edgar, also turn in good performances. *King Lear* is a dense, wordy work, and the few flubbed lines and missed cues on the night I saw it were not

surprising. The 1980s setting seems to get better as things go along. Costume designer Calder Johnson, in one of his many hats at NCRT, does a great job with the leather pants/skinny-tie fashions of the era that convey aspects of characters both central and peripheral, as do small touches like the daughters’ propensity for doing rails of coke and swilling fancy martinis while plotting aloud with their depraved cohort. Johnson, by the credits, also seems to have headed up the set and scenic design with its appropriate sparseness for both the time setting and the story.

King Lear may not be everyone’s cup of tea. To dial back to the start of this review, perhaps it doesn’t have the wallop of *Macbeth* or the emotional sweep of *Hamlet*. It may not be the end all, be-all of Shakespeare’s tragedies, if such a sub-category even exists. But NCRT’s production is worth seeing. It endures as a tale of the decay of a dissipated ruler, with his reign and title bickered over by children, in-laws, hangers-on and ambitious shady scoundrels. Of course, it plays better on stage than in real life.

King Lear plays at the North Coast Repertory Theatre in Eureka on Fridays and Saturdays at 8 p.m. through Feb. 10, and also on Thursday, Feb. 8, with Sunday matinees at 2 p.m. on Jan. 28 and Feb. 4. For more information, call 442-NCRT or visit www.ncrt.net.

Opening

Enjoy the worst double-date ever when Edward Albee’s *Who’s Afraid of Virginia Woolf?* opens with a preview on Thursday, Jan. 25 and continues through Feb. 4 at Ferndale Repertory Theatre. Call 786-5483 or visit www.ferndalerep.org.

Viva Commedia! returns to Dell’Arte’s Carlo Theatre Feb. 1 through 3 at 8 p.m. with bawdy, masked improvisational comedy for grown-ups. Call 668-5663 or visit www.dellarte.com.



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Ten Items or Fewer: WinCo Edition

Cult favorites to toss in your cart

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com

With aisles that can be as clogged as its parking lot, WinCo (636 Harris St., Eureka) is not for the weak. But for the strong and the willing, the employee-owned supermarket is a universally acknowledged deal. Solid fish counter, busy bakery, bulk bins for days (a barrel of giant jawbreakers!) and nobody notices if you shop in your pajama pants. We crowd-sourced and cruised the shelves for beloved staples and new finds. Sadly, the jars of taramosalata are no more (RIP, Greek cod roe dip) but there was still plenty to bag up.

Vegetable chips. I may never accept kale chips but openly embrace the sweet, audibly crunchy green beans and whole okra (bite a dry spear and marvel at the return of its sliminess). It's like the freeze-dried astronaut food of your youthful imagination. Are you concerned about reaching into a bin into which tiny hands may have strayed? (I see you, child by the yogurt pretzels.) Relax, no child in the history of supermarket snacking has ever snuck a green bean.

Gummies with zip. There are bins and bins of gummy candy, but on the endcap closest to the fish counter you'll find dusted tamarind gummy bears and

spicy chamoya gummy worms (\$2.48 per pound). The former is earthy and tangy, and the latter is like the deliciously lurid fruit cup with the tart and spicy sauce all over it but in a form that allows you to eat it in a dark theater or one-handed at your desk.

Ahi tuna cubes. A frozen mosaic of deep pink cubes thaws out for easy home-made Hawaiian poke (\$8.14). Yes, you can slice it half thawed yourself but this is so much easier and deeply soothing to those of us who value perfect uniformity a little too much. It's wild-caught in Vietnam and is also lovely seared and skewered with toothpicks for a low-effort/high reward appetizer.

Fried chicken. I love supermarket fried chicken and only God will judge me. WinCo's is perfectly greasy, with a lovely seasoned crust and savory, glistening meat within. A 12-piece box of legs and thighs (do you really want the white meat — really?) is \$9.98. If I close my eyes, I can hear the pieces tumbling into the metal tray when a new batch comes out of the fryer and it gives me peace. Speaking of chicken ...

Salt and vinegar wings. The sharp bite of the crusty wing is the perfect foil for the juicy, fatty meat of these hefty



Fried chicken from the deli. See the full slideshow at www.northcoastjournal.com.

Photo by Jillian Butolph

drumettes and flats. Perhaps the greatest VIP moment of my life was ordering a box of them for pick up and rolling up to the counter to be handed a white cardboard package with the words "Fill this with vinegar wings for Jenn" written on the side. I had arrived. Try the lemon pepper, too. They won't even stain your face and fingers like Buffalo.

Deep cuts from the meat department. Fans of modestly priced tri-tip and marinated carne asada swarm the refrigerated shelves but few shops can match its stock of tripe, pork feet and beef marrow bones. Ask somebody in a white coat and

he or she will cheerfully find you the offal or odds and ends you seek. And hey, a whole beef heart rings up at a mere \$2.84.

Cookie butter. The delicate two-packs of caramel Lotus Biscoff cookies once scarce outside of airplane carts is smoothed into a creamy spread (\$3.81). Put it on toast or put a schmear between a couple of cookies for some cookie-on-cookie action. Why yes, it does come in chunky. And for a slightly spicier version with crispy cookie granules, its cousin the Roland Speculoos Cookie

Continued on page 22 »

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Table Talk

Continued from page 19



Tamarind and chamoya gummies from the bulk bins. See the full slideshow at www.northcoastjournal.com. Photo by Jillian Butolph

Butter Spread is right there on the shelf, too (\$3.27).

Muffins. The artificial green pistachio ones, about which I mercilessly hazed our intern who ate them daily, turn out to be fantastic. (My bad, Sam.) But the even-crumbed almond poppy, double chocolate and blueberry are all solid duplicates of the squat industrial kitchen-born manna that you have always loved. The six-pack is \$3.98 but you can get an individual muffin, its top pressed against the package like the nose of a curious child, for 98 cents.

Armenian pastry. The full line of Eurobake goodies is worth your exploration but start with the nazook (\$5.58), folded pastries with crumbly vanilla filling that tastes almost like almond and will speak to your inner Nana. They are perfect with tea and transformed into soft, breadly delights by a few seconds in the microwave — the package suggests 20 but that's volcanic madness unless Armenian microwaves are crazy weak.

Roasted garlic sourdough. PSA for established devotees: These speckled sliced loaves have moved and are now facing the checkout lines (\$2.98). The white interior is soft and perfectly elastic, while the pebbled crust is chewy and dotted with fragrant, nutty minced garlic. Step up your sandwich game, serve it with soup or eat it toasted with butter, slice after slice.

BONUS: Cake parfait. Were you dumped via Instagram? Have you been watching cable news all night? The WinCo bakery offers you succor without judgment in the form of its cake parfait, a cup layered with pieces of Hershey's chocolate cake, fluffy frosting and fudge (\$2.48). It's a careful dosage to get you through — you just need a spoon and some privacy during this difficult time. ●

Jennifer Fumiko Cahill is the arts and features editor at the Journal. Reach her at 442-1400, extension 320, or Jennifer@northcoastjournal.com. Follow her on Twitter @JFumikoCahill.

Creatures of the Night

By Collin Yeo

thesetlist@northcoastjournal.com

I'm finally kicking the flu but I am not at full speed, so this has been a slow and wet week. I tried going out but didn't do well with that and ended up crawling back into my lair to listen to blues music and dispense sluggish and hazy bon mots to my friends and family via text and Facebook. Early nights are good for mending the immune system but are not a part of my typical routine. That dreadful existential tug the younger set calls "fear of missing out" has got me looking at the sunrise upon waking up with the sort of bitter apprehension usually associated with cemetery ghouls and other unclean things. I feel evil, which sounds pretty cool, but it's not a sexy Dracula kind of evil; more like a pathetic Burke and Hare sort of evil lackey scuttling around the fringes of society like a leper. It's gross being gross.

However, I am stoked about the shows this week. There are some real knockouts rolling through town and I intend to see at least a couple of them. Also, since I have been living off of oranges and noodles, my entertainment fund is a little fatter than usual for the end of the month — perhaps I can go up a shelf or two when I order cocktails this week in the noisy evenings. There we are, some silver linings. Silver linings that are more than just the tinsel strands of the waning gibbous moon tickling the skin of my rejuvenating body as I lay in the necrotic pit of my bedroom. Actually, I just did a nice and thorough cleaning of my bedroom — the final step of recovery for me — so it's really more of a charming spot than a charnel one. What a delight.

Have a nice week.

Thursday

Tonight is a good night for hearing the human voice in its most spectacular setting: the live stage. Up the hill at the Van Duzer Theater **Ladysmith Black Mambazo** brings its South African gospel finesse and Zulu footwork to crack the boards at 7 p.m. (\$49). Although many in the industry of sound refer to Paul Simon's *Graceland* album as the best example of a gated drum sound from the big production days of the '80s, it is better known among



Flying Hair plays the Alibi at 11 p.m. on Saturday, Jan. 27.

Courtesy of the artists

fans as the introduction of this group's stunning vocal harmonies and melodies to the world stage. The years haven't slowed the singers down at all, so come join members old and new as they cover the group's half century catalog of peace songs. You can read my **interview with tenor Albert Mazibuko** at www.northcoastjournal.com.

Earl Thomas was born in Tennessee but he cut his teeth as a singer in our small town of Arcata while he was attending Humboldt State University in the 1980s. Perhaps best known on the charts for his tune "I Sing The Blues," which was a minor hit for Etta James, he has spent the last three decades building up a reputation as one of the greatest blues singers alive today. When he plays Humbrews tonight at 9:30 p.m., expect a fiery gutful of glorious heaviness (\$18, \$15 advance). Treat him like the returning hometown hero he is with a champion's welcome. He's earned it and then some.

Friday

The Palm Lounge in the Eureka Inn has a shapeshifting ambience. On an early or an off night, it has an eerie Bardo-esque waiting room of the dead feel; a comforting dreamland where neither the void nor human existence can touch you — low ceilings and a snazzy bar! On a busy night or with a live music act, it transforms into a gallery of oddness, like a lost generation party at the Overlook Hotel if it had a progressive view toward LSD micro-dosing back then. How will the room feel during a punk show? Come find out tonight at 8 p.m. when a local trio of loud bands, **Dead Drift**, **Clam Hammer** and **Imperial Destructo** rock the Casbah (price TBA).

Saturday

Imagine the up-tempo, chugging drone of a Krautrock-inspired rhythm section with a wild and jagged lead guitar in a mix lanced through the center by vocals that sound like an improbable blend of Gary Numan and the Go-Go's. That's a bit of what Los Angeles' **Flying Hair** sounds like and if you don't believe me you can find out for yourself at 11 p.m. at the Alibi. (\$5). Local high and lonesome cactus crooners **Opposum Sun Trail** open.

Sunday

Maybe you are one of those staid and collared types who is in bed by nine and has a nice morning every morning because you understand the importance of rest and self-care. Or perhaps you are more like me and the odds are even that you spent Saturday night chasing the kind of fun that comes with a bottle redemption value and a headache. Either way, you need to eat so perhaps come and to the Bayside Community Center from 8 a.m. (ugh) to noon for Breakfast in Bayside and enjoy the music of the **Humboldt Music Academy Fiddlers** (\$8, \$5 kids and seniors). If you are feeling tender-headed, folks will be selling mimosas along with breakfast so there is that taken care of.

Monday

Redwood Curtain is hosting a free and open bluegrass jam from 7 to 9 p.m. so grab your dobro, banjo, guitar, fiddle, washboard, upright bass, tub bass, jaw harp, mandolin, banjolin, mandola or harmonica and come join in!

Tuesday

Saxophonist Arrington de Dionyso and drummer Ben Bennett have been touring under the moniker **This Saxophone Kills Fascists** and are noted for their ability to merge the vitriolic protest of punk music with the supreme love sonic cavalcade of free jazz in a fascinating way. They will be supported tonight at The Outer Space by local raga raging music collective **Medicine Baul** and Eureka's queer-folk artist **Julio Lopezhiler** at 7 p.m. (\$6). Come and feel the clouds lift a little and the smoke make way for the dawn of a better day.

Wednesday

The last two decades saw a bit of a renaissance for loud and heavy Japanese psyche bands. From the melodic ecstatic glory of Boredoms to the mind-melting shatter of DMBQ, the island nation has a knack for creating bands which recycle tired rock clichés into a new sound that might be unlistenable pretentious and obtuse with Western hands deep in the mix. One such band is **Green Milk From the Planet Orange**, a Tokyo band whose sound is defined by the vocal and instrumental interplay of founding members A on drums and occasional synth, and dead k on guitar. The Miniplex hosts them tonight at 9 p.m. with support provided for by local metallic knockouts **War Möth** (\$10).

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Collin Yeo is built for comfort, he ain't built for speed. He lives in Arcata.



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THE ALIBI 744 Ninth St., Arcata 822-3731			Flying Hair, Opossum Sun Trail (space rock, Americana) 11pm \$5		
ARCATA THEATRE LOUNGE 1036 G St. 822-1220		<i>Aeon Flux</i> (2005) (film) 8pm \$5	On The Spot Improv Comedy 7pm \$7	<i>The Incredibles</i> (2004) (film) 6pm \$5	[M] <i>Design For Living</i> (1933) (film) 7:30pm \$5
BLONDIE'S FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 7pm Free		Adult Spelling Bee 6:30pm \$7	Jazz Jam 5:30pm Free	
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	Dr. Squid (dance hits) 9pm Free	Sapphire: <i>Zounds! 2018</i> (theater) 5:30pm \$55 Wave: <i>Miracle Show</i> (Grateful Dead tunes) 9pm Free	Karaoke w/KJ Leonard 8pm Free	[W] Live Music TBA 9pm Free
CAFE MOKKA 495 J St., Arcata 822-2228		Good Company (Celtic) 8pm Free	Fusilli Brothers (Italian mandolin & guitar) 8pm Free		
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville, 839-2013		Karaoke w/Rock Star 9pm Free	The Undercovers (covers) 9pm Free		[M] Monday Night 8-Ball Tournament 6:30pm \$5 buy-in
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Live Music TBD 9pm Free	Triple Junction (blues, funk, rock) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free	Kindred Spirits (bluegrass) 10pm Free		Anna Hamilton (blues) 6pm Free	[W] Pool Tournament & Game Night 7pm Free
E&O LANES 825-9160 1417 Glendale Dr., Blue Lake		Kingpin Comedy: Seth Milstein 8:30pm \$13-\$15			
FiELDBROOK MARKET 4636 Fieldbrook Road 633-6097					[T] Trivia 6pm
THE GRIFFIN 937 10th St., Arcata 825-1755	DJ L Boogie 9pm Free	LOOSE JOINTS: Last Fridays at The Griffin (DJ music) 9pm Free	Sexy M. F. Saturdays (DJ music) 9pm Free		[W] Salsa Dancing with DJ Pachanguero 8:30pm Free
HUMBOLDT BREWS 856 10th St., Arcata 826-2739	Earl Thomas w/Aber Miller, Greg Camphuis, Lee Phillips, Thatcher Holvick (blues) 9:30pm \$18, \$15	Soul Party #8 (DJ music) 9pm \$5	Orgoñe, Object Heavy (funk, soul) 10pm \$18/\$22		



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VENUE	THUR 1/25	FRI 1/26	SAT 1/27	SUN 1/28	M-T-W 1/29-1/31
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 616-9084	Van Duzer: Ladysmith Black Mambazo (a capella) 7pm \$49		Fulkerson: Faculty Artist Series: Welcome to the Spring Semester Concert 5pm \$10, \$5 senior/child, \$5 HSU		
THE JAM 915 H St., Arcata 822-4766	Rosewater (Grateful Dead tunes) 8pm \$10	Club Triangle - Under Pressure 9pm \$7, free before 10pm	Rockers Saturdays (roots reggae, dub, digi) 10pm \$10	Deep Groove Society 10pm	[T] Open Mic 6pm Free, Savage Henry Comedy 9pm \$5 [W] Jazz at the Jam 6pm Free, Whomp Whomp 10pm \$5 [W] Aber Miller (jazz) 6pm Free
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free			
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		Dynasty One (reggae, hip-hop) 9pm Free	Mister Moonbeam, Electro Saloon, Cliff Dallas 9pm Free	Potluck (food) 6pm Free	
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151	Blacksage Runners (hard rock, blues) 6pm Free	The Detours (cool honky tonk) 6pm Free	Big Brothers Big Sisters - Big Chili Cook Off w/Doug Fir and the 2X4s 1-4pm Free		
THE MINIPLEX 401 I St., Arcata 630-5000				Karaoke 9pm	[T] Sonido Pachanguero (salsa/cumbia) 9pm [W] Green Milk From the Planet Orange (Tokyo), War Møth 9pm TBA
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free			[T] Spoken Word Open Mic 6pm Free
OCEAN GROVE COCKTAIL LOUNGE 677-35437 480 Patrick's Point Drive., Trinidad					[M] Rudelion DanceHall Mondayz 8pm \$5
REDWOOD CURTAIN BREWERY 550 S G St., #4., Arcata, 826-7222	Blase & The Stellar Jays (rock, soul) 8pm Free	Kingfoot (Americana) 8pm Free	Money (Pink Floyd tribute) 8pm Free		[M] Open Bluegrass Jam 6pm Free [T] The Low Notes (jazz) 7pm Free
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Music 10pm	DJ Music 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 1300 Central Ave., McKinleyville	Opera Alley Cats (jazz) 8:30pm Free			Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8:30pm
TOBY & JACKS 764 Ninth St., Arcata 822-4198			DJ Music 10pm Free		[T] Bomba Sonido w/DJ Pressure 10pm Free [W] Reggae w/ Iron Fyah 10pm Free

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Live Entertainment Grid

Music & More

EUREKA & SOUTH

Arcata and North on previous page
Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 1/25	FRI 1/26	SAT 1/27	SUN 1/28	M-T-W 1/29-1/31
BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644	Karaoke 8pm Free	NightHawk (classic rock, dance) 9pm Free	Backstreet Band (rock and roll) 9pm Free		
BRASS RAIL BAR & GRILL 3188 Redwood Drive, Redway 923-3188	Pool Tourney 8pm			Savannah Rose (folk, country) 8pm Free	[T] Karaoke 9pm
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093		Dead Drift, Clam Hammer, Imperial Destructo (punk) 8pm TBA			[T] Karaoke w/DJ Marv 7pm \$5 [W] Comedy Open Mikey 7pm Free
EUREKA THEATER 612 F St., 442-2970		Cage Match: <i>Raising Arizona</i> vs <i>FaceOff</i> (films) 7pm \$8			
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish/Celtic) 6pm Free		Ginger Casanova (country, folk, blues) 6pm Free		
HUMBOLDT BAY BISTRO 1436 Second St., Eureka 443-7339		Billy Wayne Davis (comedy) 9pm \$15			
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free			Hillbilly Gospel Jam 2-4pm Free	
PEARL LOUNGE 507 Second St., Eureka 444-2017	Gabe Pressure w/Reggaton, Afro Beat, Cumbia 10pm Free	DJ D'Vinity 10pm Free	DJ Pressure 10pm Free		
PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka	Laidback Lounge (DJ music) 6-11 Free			Hoot and Holler (fiddle/guitar) 8pm Free	[T] Phat Tuesdays (live music) 7pm Free, [W] Comedy Open Mic and Board Game Night 8pm
PACIFIC BAR & GRILL, THE RED LION INN 1929 Fourth St., Eureka 445-0844					[W] Karaoke w/DJ Marv 6-9pm All ages

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VENUE	THUR 1/25	FRI 1/26	SAT 1/27	SUN 1/28	M-T-W 1/29-1/31
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Vinyl Tap 8pm Free	Phantom Wave presents: The Haunt 9pm Free	Redwood Cup Award Ceremony w/DJ DUB Cowboy and James F and the Blackbirds 5-8pm TBA		
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244	The Jazz Hours 7:30pm Free		Buddy Reed & the Rip It Ups (blues) 9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] LD51- Ultra Secret Wednesdays (alt. jazz) 8pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursdays 9pm Free		Soul Hum (DJ music funk, soul) 10pm TBA		[M] Pool Tournament 8:30pm \$10 buy-in
TIP TOP CLUB 443-5696 6269 Loma Ave., Eureka		Friday Night Function (DJ music) Free before 10pm	Sexy Saturdays w/Masta Shredda Free before 10pm		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Tuesday Blues w/Humboldt's veteran blues artists on rotation 7pm Free [W] Karaoke Nights 9pm Free



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Calendar Jan. 25 –Feb. 1, 2018



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Spend a spicy afternoon at **Big Brothers Big Sisters of the North Coast's Big Chili Cookoff** at **Mad River Brewery** on **Saturday, Jan. 27** from **1 to 4 p.m.** (\$12). Your ticket gets you chili, salad, cornbread and a cookie, plus great music by Doug Fir and the 2X4s and the satisfaction of helping out a great cause.



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Join your LGBTQ+ friends and family for a **Pancake Breakfast** on **Sunday, Jan. 28** from **9 to 11 a.m.** at the **Eel River Valley Multigenerational Center** (\$6, \$3 kids). Serving looks and all-you-can-eat pancakes, sausage, eggs and tofu scramble, along with veggie, vegan and gluten-free options. The feast benefits future LGBTQ+ events. Gay. As. Brunch, y'all.



Photo by Mark Larson

Run, walk and splash through a breathtaking course at the **Trinidad to Clam Beach Run** on **Saturday, Jan. 27** from **10:30 a.m. to 5 p.m.** in **Trinidad**. After the run (walk or splash), celebrate with a bowl of hot chili while the HSU Marching Lumberjacks play in the light of a crackling bonfire. Register online at www.trinidadtoclambeach.com.

25 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MUSIC

HSU Wind Ensemble Open Auditions. 3-5 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Community musicians are invited to attend open rehearsal auditions Tuesdays and Thursdays through Feb. 8. For more information, contact Paul Cummings. Free. paul.cummings@humboldt.edu. 826-5435.

Ladysmith Black Mambazo. 7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Paul Simon's *Graceland* introduced the world to the group's a cappella harmonies of this bestselling band from South Africa, with its high-stepping, traditional Zulu footwork and message of universal peace.

THEATER

The Brothers Karamazov. 8:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A North Coast Preparatory Academy's production directed by Jean Bazemore, based on the Fyodor Dostoyevsky novel. \$10, \$7 seniors/students.

The Order of Pan. 6 p.m. Gist Hall Theatre, Humboldt State University, Arcata. North Coast Preparatory Academy's original adaptation of J.M. Barrie's *Peter Pan* follows a group of adventurous children in a world full of mystery and splendor. \$10, \$7 seniors/students.

Who's Afraid of Virginia Woolf? Preview. 8 p.m. Ferndale Repertory Theatre, 447 Main St. A modern tragicomedy by the late Edward Albee about the most toxic marriage ever. Appropriate for ages 16+. \$10. www.ferndalerep.org. 786-5483.

EVENTS

Humboldt Steelhead Days. Countywide. A hatchery steelhead fishing contest from Jan. 13 to Feb. 17 on the Mad and Trinity Rivers with countywide events. Go online to sign up for the contest and for a list of events. www.humboldtsteelheaddays.com.

NEC Open House. 5-7 p.m. Northcoast Environmental Center, 415 I St., Arcata. Enjoy drinks, food and good company with volunteers, staff, board members and fellow supporters dedicated to protecting the North Coast. Free. www.yournec.org.

FOR KIDS

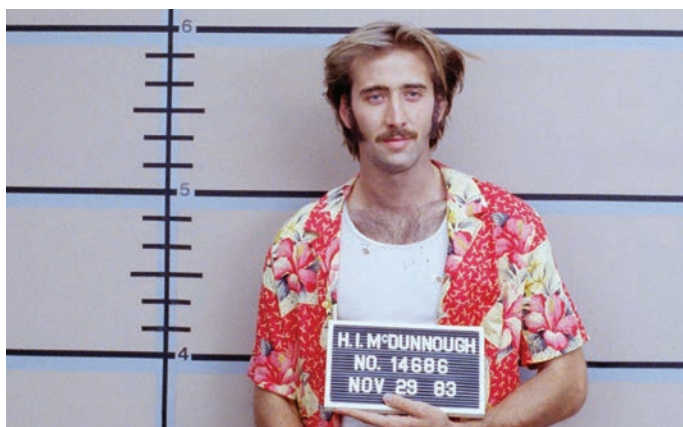
Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Toddler storytime at the Trinidad Library. Free. trihum@co.humboldt.ca.us. 677-0227.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

MEETINGS

Open Enrollment Meetings. 6 p.m. Redwood Prep Charter School, 1480 Ross Hill Road, Fortuna. Redwood Preparatory Charter School hosts enrollment meetings for the upcoming 2018-2019 school year. Interested families must submit an "Intent to Enroll" form and attend one of the meetings. All new students selected by lottery on Wednesday, March 7 at 4:30 p.m. www.redwoodprep.org. 682-6149.

Rhododendron Meeting and Program. 7 p.m. Eureka Woman's Club, 1531 J St. Pete Haggard presents a program



Raising Arizona

Nic vs. Nic

People have strong feelings about Nicolas Cage. He's a versatile actor with an impressive filmography. See? Feelings already. From his early films (*Fast Times at Ridgemont High*, *Valley Girl* and *Rumble Fish*), to action hits (*Con-Air*, *The Rock* and *Gone in Sixty Seconds*) and a smattering of artful endeavors (*Adaptation*, *Wild at Heart* and *Bringing Out the Dead*), Cage's impact on cinema and cinephiles is certain. So, which is your favorite — Action Nic or Art-House Nic? Not sure? Neither? Both? Well, OK then.

The Eureka Theater offers you a chance to sort out your complicated relationship with him this Friday, Jan. 26 when it presents **Cage Match: Raising Arizona vs. Face/Off** at 7 p.m. (\$8 double feature).

In this corner, Cage stars as H.I. McDonnough in *Raising Arizona*. With his put-upon puppy dog eyes, shock of unruly hair, colorful Hawaiian shirts and heartfelt soliloquies about the sweet, simple life that open and close this quirky Coen brothers film, this is perhaps the most likeable Nic Cage (conciliatory nod to you, *Moonstruck* Nic). But a darling Nicky is not everyone's cup of tea. For those who prefer their Nic a little cagier, enter director John Woo and the brilliance that is *Face/Off*. A close-shorn Cage plays opposite deeply dimpled John Travolta in a cat-and-mouse game where cop and villain literally exchange faces amid over-the-top explosions, gunplay and engaging chemistry between the two leading actors. It's like looking in a mirror. Only ... not.

Doors open at 6:30 p.m. for cocktails, beer and wine, not to mention the cheapest theater concessions around (\$2 popcorn!). *Raising Arizona* starts at 7 p.m., with *Face/Off* at around 8:45 p.m.

— Kali Cozyris



Photo by David Ferney

Lounging Around

Arcata nightlife is about to get a whole heap more fun. The **Arcata Playhouse** hosts a new comedy and music show, evoking the setting of a seedy cabaret nightclub with music, comedy and theater from local performers and out-of-town guests showing a whole lotta bawdy. The **Papaya Lounge** opens its doors for business **Saturday, Jan. 27 at 8 p.m.**, setting the stage for a (hopefully) semi-regular event that promoters are calling "comedy and music with a fruity attitude." Right up our nighttime alley.

Velvet Q. Jones (Sarah McKinney) hosts with live music by **the Fruit Flies** (Tim Randles, Ken Lawrence, Mike LaBolle and Gregg Moore) and special guests like **Jackie Dandeneau**, **David Ferney**, **Alyssa Hughlett**, **Becca Finney**, **Carl McGahan Sayda Trujillo**, **Maggie Lally**, **Siena Nelson**, **Meridith Baldwin** and others.

Saturday's performance centers around owner Velvet Q. Jones' struggle to keep her nightclub open while fighting off the creditors. Grab your good-time pals and settle in for cabaret table seating with cocktails and snacks and an evening of raucous performance and high-energy music by some of Humboldt's best local talent. We know you love a cabaret. Come, your table's waiting.

Doors at 7:30 p.m. Tickets available at Wildberries Marketplace, online at www.arcataplayhouse.org or reserve at 822-1575.

— Kali Cozyris

on pollinators. Questions about the event or organization: 443-1291. www.eurekawomansclub.org.

Union Street Charter School Intake. 5:30 p.m. Union Street Charter School, 470 Union St., Arcata. Union Street Charter invites parents with students entering kindergarten through fifth grade to an information and intake meeting. Attending a meeting is a prerequisite for entering the lottery for fall 2018 admissions. www.unionstreetcharter.org. 822-4845.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Game Night at The Board Room. 5-10:30 p.m. The Boardroom, 3750 Harris St., Redwood Acres, Eureka. www.boardroomeureka.com.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. Come create with your community. Enjoy an evening of knitting, crocheting or whatever fiber craft you love. Food and drink available and bring something to share. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

26 Friday

ART

Beginners Tie-Dye. 5:30-7:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Learn a variety of pattern, design and color techniques to make your own unique and colorful t-shirts. Fun hands-on event for both men and women. \$20. rec@cityofarcata.org. 822-7091.

Build and Beer. 5:30-7:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Participants 21+ learn how to use hand and power tools to complete fun projects. Malia Matsumoto teaches how to build a stretcher and stretch a canvas. \$12. education@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

DANCE

Baile Terapia. 7-8 p.m. The MGC, 2280 Newburg Road, Fortuna. Paso a Paso hosts dance therapy. Free. www.ervmgc.com. 725-3300.

World Dance. 7:30 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances, 7:30-8:30 p.m.; request dancing, 8:30-9:30 p.m. For more information, call 839-3665 or email g-b-deja@sbcglobal.net. \$3. www.stalbansarcata.org.

MOVIES

Aeon Flux (2005). 8 p.m. Arcata Theatre Lounge, 1036 G St. Charlize Theron plays a mysterious assassin working for rebels trying to overthrow the government. \$5. www.arcatatheatre.com.

Cage Match: Raising Arizona vs. Face/Off. 7-11 p.m. Eureka Theater, 612 F St. Nic vs. Nic. Doors at 6:30 p.m. *Raising Arizona* at 7 p.m., *Face/Off* at approximately 8:45 p.m. \$8. www.theeurekatheater.org.

MUSIC

Sabbath of Song. 7-9 p.m. Temple Beth El, Hodgson and T streets, Eureka. Shabbat Shira (Sabbath of Song)

celebrates the beauty of Jewish music and its central and powerful place in Jewish life. The Temple Beth El chorus, with violinist Marnin Robbins and pianist Laura Welch, performs an array of Jewish music, drawing on passages from the Hebrew Bible, medieval and modern compositions. Free. bethel@reninet.com. www.templebetheleureka.org. 444-2846.

THEATER

The Brothers Karamazov. 8:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 25 listing.

King Lear. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Tired of ruling, King Lear divides his empire among his daughters, setting the stage for an epic tale of unchecked ambition, deceit, war and madness. Through Feb. 10. \$16, \$14 seniors/students.

The Order of Pan. 6 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 25 listing.

Who's Afraid of Virginia Woolf?. 8 p.m. Ferndale Repertory Theatre, 447 Main St. A modern tragicomedy by the late Edward Albee about the most toxic marriage ever. Appropriate for ages 16+. Through Feb. 4. \$10-\$16. www.ferndalerep.org.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

Movie Night. Last Friday of every month, 6:30-8:30 p.m. Bethel Church, 2734 Hubbard Lane, Eureka. Moms and dads take the night off. Children ages 4-18 welcome for a movie, popcorn, drink and treat. (760) 285-0806.

FOOD

Choices Breakfast. 7:45-9:30 a.m. The Lodge, 445 Herrick Ave., Eureka. A benefit for Planned Parenthood Northern California with keynote by Crystal Strait, President and CEO, Planned Parenthood Affiliates of California. Tickets available online or by calling Tia Baratelle. \$40, \$30 advance by Jan. 19. www.ppactionca.org/choices-breakfast. 502-3008.

MEETINGS

A Call to Yarns. Noon-1 p.m. Arcata Library, 500 Seventh St. Knit, chat and relax at the library every week. Free. archuml@co.humboldt.ca.us. 822-5954.

Union Street Charter School Intake. 5:30 p.m. Union Street Charter School, 470 Union St., Arcata. See Jan. 25 listing.

OUTDOORS

Hatchery Road Safety Project Community Walk & Observation. 8:30-11 a.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Join Humboldt County Public Works, city of Blue Lake, RCAA and community members to share your ideas and concerns. Experience firsthand the conditions for walking along Hatchery Road from downtown Blue Lake and help shape ideas for improvements. Free. emily@nrsrcaa.org. www.facebook.com/LoggerBar. 269-2061.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

Roller Skating. 6-8:30 p.m. Eureka Municipal Audito-

rium, 1120 F St. Old-fashioned roller skates and roller blades. Skate rental is included in the admission price and is on a first-come, first served basis. \$5.25, \$4.50 ages 17 and under.

COMEDY

Kingpin Comedy: Seth Milstein. 8:30-10:45 p.m. E&O Lanes, 1417 Glendale Dr, Blue Lake. Comic and writer based in Eugene, OR. Tylor Jones features; Local comedians Will Toblerone and Laurel Pearson open; Kim Hodges hosts. \$10 adv, \$15 adv reserved, \$13 at door (day of) kim.a.hodges@gmail.com. 559-940-9440

Billy Wayne Davis. 9 p.m. Humboldt Bay Bistro, 1436 Second St., Eureka. With Mike Mc Gowan, Nando Molina and William Toblerone. Hosted by Matt Redbeard. \$15. 443-7339

ETC

Grantwriting Basics Workshop. 9 a.m.-4 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. This one-day workshop will primarily address grants for nonprofits, community groups, agencies, schools, faith based organizations or local government. Lunch, coffee and tea provided. \$110, \$90 (NorCAN members). heidit@hafoundation.org. 442-2993.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoastpeoplesalliance.org.

27 Saturday

ART

Beginners Tie-Dye. 1-3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See Jan. 26 listing.

BOOKS

Book Mending. 1-2 p.m. Humboldt County Library, 1313 Third St., Eureka. Located in the meeting room, off of the lobby. Basic mending supplies will be provided. Please bring your own books. The library's programs and services are accessible to persons with disabilities; please let staff know if you require assistance. Free. www.humlib.org. 269-1900.

DANCE

Dancing Stars of Humboldt Auditions. 2-4 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Seeking dance acts in all categories and all styles of dance, solo or group, suitable for a PG-13 family show. Performance is March 10 at 7 p.m. at the Arkley Center. Performers receive a small honorarium and compete for prizes and scholarships. Download an audition packet online. dancingstarsofhumboldt@gmail.com. www.dancing-starsofhumboldt.com. (888) 418-8346.

Introductory Lesson to Argentine Tango. 8:15-9:15 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn the basics of this passionate and beautiful dance from Barbara and Lee. Free. info@tangodelsol.net. www.tangodelsol.net. (858) 205-9832.

MOVIES

Live Metropolitan Opera Broadcast. Minor Theatre, 1013 H St., Arcata. The 2017-2018 season plays live in HD on the big screen. This first performance features Puccini's *Tosca*. info@minortheatre.com. www.minortheatre.com. 834-4315.

MUSIC

Faculty Artist Series: Welcome to the Spring Semester Concert. 5-6 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Featuring Brian Post, The Arcata Bay String Quartet, with Cindy Moyer, Karen Davy, Sherry Hanson and Garrick Woods, and Timbata, a local sextet that performs freshly arranged Cuban popular dance

music, featuring Eugene Novotney, Howard Kaufman, David Peñalosa, Johnathan Kipp, Knick Moore and Michael Stephenson. \$10, \$5 senior/child, \$5 HSU students w/ID. patrick@humboldt.edu. 826-3531.

THEATER

The Brothers Karamazov. 8:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 25 listing.

King Lear. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Jan. 26 listing.

The Order of Pan. 6 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 25 listing.

Papaya Lounge. 8-10 p.m. Arcata Playhouse, 1251 Ninth St. A new comedy and music show mixing local performers and out-of-town guests in the setting of a seedy cabaret nightclub. \$15, \$13 students and members. david@arcataplayhouse.org. 822-1575.

Who's Afraid of Virginia Woolf?. 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Jan. 26 listing.

EVENTS

Big Brothers Big Sisters - Big Chili Cook Off. 1-4 p.m. Mad River Brewing Company & Tap Room, 101 Taylor Way, Blue Lake. Chili, salad, cornbead and cookie. Featuring silent auction and music by Doug Fir and the 2X4s. \$12. www.madriverbrewing.com.

Dancing and Delectables. 6 p.m. Wharfinger Building, 1 Marina Way, Eureka. Eureka High School Jazz Ensemble's yearly fundraiser. Desserts, swing dance lessons and dancing, prizes and jazz favorites performed by the EHS Jazz Ensemble. www.ci.eureka.ca.gov/depts/pw/wharfinger/default.asp.

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

Robert Burns Supper. 5 p.m. Red Lion Hotel, 1929 Fourth St., Eureka. Celebrate Scotland's most beloved son on his 259th birthday with dinner, no-host bar, songs, poetry, pipers, dancing and haggis. Reservations required by Jan. 22. Contact Chieftain Denise Ryles. \$55, \$50 members. www.redlion.com/our-hotels/california/eureka. 498-3014.

Trinidad to Clam Beach Run. 10:30 a.m.-5 p.m. Trinidad. Run, walk and splash through the beautiful course. At the finish line, celebrate with a bowl of hot chili while the HSU Marching Lumberjacks play alongside a roaring bonfire. Register online. \$35. trinidadtoclambeach@gmail.com. www.trinidadtoclambeach.com/. 677-1610.

Zounds! 2018. 5:30 p.m. Sapphire Palace, Blue Lake Casino, 777 Casino Way. Redwood Curtain's annual live event with radio show, hors d'oeuvres and a catered dinner. No-host bar. \$55, table of eight for \$400. www.bluelakecasino.com.

FOR KIDS

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. www.facebook.com/RioDellLibrary. 764-3333.

Storytime and Crafts. Fourth Saturday of every month, 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Every second and fourth Saturday of the month. Free. blkhuml@co.Humboldt.ca.us.

FOOD

Arcata Plaza Farmers Market - Winter Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Local winter produce, humanely raised meats, pastured eggs, local honey, olive oil, baked goods, hot prepared foods, locally-handcrafted artisanal products and more. Rain or shine. Free. laura@humfarm.org. www.humfarm.org. 441-9999.

Continued on next page »



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Calendar

Continued from previous page

Are You Feelin' Saucy? 5-8 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Pasta sauce contest and dinner. Enter a sauce to win prizes, check out the silent auction, enjoy a dinner with your community and stay for dessert. Vegetarian and gluten-free options are available. A fundraiser for the Redwood Coast Montessori. \$16, \$12 ages 7-12, free for 6 and under. www.redwoodcoastmontessori.org.

Community Breakfast. 7:30-11:30 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Have breakfast with your neighbors. Pancakes, ham or sausage (patties or links), eggs fixed the way you like them, biscuits and gravy, coffee, tea or juice. \$5, \$3 children 6 to 10, free for children under 6. www.facebook.com/humboldt.grange.

GARDEN

Rose Pruning Demonstration. 10 a.m. Pierson's Garden Center, 4100 Broadway, Eureka. Presented by the Humboldt Rose Society. A call to the nursery so that adequate seating will be available is requested. 443-1291.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. With leader Alex Stillman. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.ras.org/calendar.

California Marijuana Law. Noon-1 p.m. Samoa Cookhouse, 908 Vance Ave. Humboldt County Sheriff William Honsal talks about "Law Enforcement Challenges with Legal Recreational Marijuana," and how his office is handling enforcement. He will also answer questions. Lunch is no-host. The forum is a program of the North Coast Mensa organization. Free admission. jakable5@gmail.com. www.samoacookhouse.net. 445-2276.

Field Trip to Tolowa Coast. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes and the Tolowa Dune Stewards on a field trip to Lake Earl Wildlife Area to see wintering waterfowl and forested dunes at the West Coast's largest lagoon. Carpooling from the Humboldt Coastal Nature Center. Space is limited on this all-day trip. Call or email to reserve a spot. info@friendsofthedunes.org. 444-1397.

Green Roof Work Party. 9-11 a.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help maintain the native plant diversity on and around the Humboldt Coastal Nature Center. No experience necessary; training, tools and gloves will be provided. info@friendsofthedunes.org. 444-1397.

Humboldt Steelhead Days Restoration Field Tour. 1-3 p.m. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Join Northcoast Regional Land Trust and Mad River Alliance on a tour through the Wood Creek restoration project. Learn about coho salmon life history, the significance of estuarine habitat, large wood structures, fish monitoring technology, contextual historical regional land uses and project successes and challenges. Tour attendees will also have the opportunity to actively participate in the restoration project through a vegetation based stewardship activity. Expect wet and muddy conditions, wear rubber boots and bring gloves. Visit humboldtsteelheaddays.com to register. Free. humboldtsteelheaddays.com. 822-2242.

SPORTS

Humboldt Roller Derby. 6 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Doors at 5 p.m. \$15,\$12

advance, free for 10 and under. www.redwoodacres.com.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Jan. 26 listing.

Roller Derby Season Opener. 6-9 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Doors open at 5 p.m. Junior Roller Derby, Redwood Saplings Expo (a shortened game) starts at 6 p.m. The showdown between the North Jetty Bettys and Widow Makers starts at 7 p.m. \$12-\$15, free for children under 10. www.redwoodacres.com.

COMEDY

On The Spot Improv Comedy. 7 p.m. Arcata Theatre Lounge, 1036 G St. New year, new laughs. The fastest growing live Improv comedy show in Humboldt County history is back at it again at the amazing and legendary house of local laughs, The Arcata Theatre Lounge. \$7. 822-1220.

ETC

Women's Peace Vigil. Noon-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugame-sonline.com. 497-6358.

28 Sunday

DANCE

Zumbathon. Noon-2 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Dance with local dance exercise instructors: Jovonne, Casse Stefani, Cory, Michael, Ussi, Tigger, Renee and Karen doing Zumba and beyond. Raffle supports Laurel Tree Charter School art, P.E., travel and theater programs. \$15 donation.

MOVIES

The Incredibles (2004). 6 p.m. Arcata Theatre Lounge, 1036 G St. A family of undercover superheroes, while trying to live the quiet suburban life, are forced into action to save the world. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

THEATER

The Brothers Karamazov. 8:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Jan. 25 listing.

King Lear. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Jan. 26 listing.

Who's Afraid of Virginia Woolf? 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Jan. 26 listing.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

LGBTQ+ Pancake Breakfast. 9-11 a.m. The Eel River Valley Multigenerational Center, 2280 Newburg Road, Fortuna. Pancakes with the community. \$6, \$3 kids. northcoastqueers@gmail.com. www.redwoodpride.wordpress.com. 267-7483.

Shoppportunity Sunday. 11 a.m.-4 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Selection of Local Valentine's gift ideas under one roof. Frivolous Apparel, Humboldt Soap Co., White Metals, Scentsy, Usborne Books, Maskara Beauty, Mary Kay, Lip Sense and many more. Free admission.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Breakfast in Bayside with the HMA Fiddlers. 8 a.m.-noon. Bayside Community Hall, 2297 Jacoby Creek Road. This quarter's breakfast features live music by the Humboldt Music Academy Fiddlers. Mimosas for sale with ID. \$8, \$5 kids and seniors, ages 80+ and under 2 are free. baysidecommunityhall@gmail.com. www.baysidegrange.org. 822-9998.

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

OUTDOORS

CR Birding Trip. 9 a.m.-noon. College of the Redwoods, 7351 Tompkins Hill Road, Eureka. Join Redwood Region Audubon Society on this birding trip through College of the Redwoods. The campus offers a variety of habitats: shrub hedges, fields, forests, marsh and pond. Participants are likely to see and hear migrating songbirds, soaring hawks, and wetlands-loving birds. Meet leader Alexa DeJoannis at the flagpole in front of Administration. Parking is free on weekends. Free. rras.org/calendar.aspx. (202) 288-5174.

Geology Beach Walk. 2-4 p.m. Trinidad Head, Trinidad State Beach. Danny O'Shea, an HSU geology and oceanography lecturer, will help interpret the coastline's story during a minus-low tide. Meet at the south end of the parking area at the base of Trinidad Head. Dress for the weather and for beach walking. Call to reserve your spot. Free. 677-2501.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

29 Monday

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music. Tonight dance to Val Leone and His Smooth Jazz Cats. \$5. www.facebook.com/humboldt.grange. 725-5323.

MOVIES

Monday Night Movies: Design For Living (1933). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. A pre-code rom-com about a ménage à trois with fast-paced dialogue. Americans Gary Cooper and Frederic March each take their turns wooing Miriam Hopkins in Paris during the Great Depression. \$5. www.arcatatheatre.com.

MUSIC

Humboldt Harmonaires Weekly Gathering. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson St., Eureka. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Singing at 7 to 9:30 p.m., with snacks and coffee break at 8:20 p.m. Free. singfourpart@gmail.com. 445-3939.

McKinleyville Community Choir Practice. 6:30-8:30

p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Get together with like-minded people who love to make music. All choral voices are welcome with a particular call for male voices. There are opportunities for solos and ensemble groups, along with the full choir. \$50 registration fee w/scholarships available. 839-2276.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

FOOD

One-Log Farmers Market. 1-5:30 p.m. One-Log House, 705 U.S. Highway 101, Garberville. On the lawn. 672-5224.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

30 Tuesday

BOOKS

J. Lynn Bailey. 6-8 p.m. Glamorous Boutique, 1095 S. Fortuna Blvd. #G, Fortuna. The YA author signs copies of *Standing Sideways*. All proceeds from the book go to a CR scholarship fund for adult students making a return to education. Free. nicoledahcreative@gmail.com. www.shopglamorous.com. 725-9933.

MOVIES

Gotta Dance: Library Film Series - Singing in the Rain. 6:30 p.m. Humboldt County Library, 1313 Third St., Eureka. Gene Kelly and his umbrella in the iconic backstage musical. Hosted by Charity Grella. Free. www.humlib.org.

MUSIC

HSU Wind Ensemble Open Auditions. 3-5 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. See Jan. 25 listing.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

FOR KIDS

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Jan. 28 listing.

OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

A Snowy Seminar. 6-7 p.m. Center Activities, 1 Harpst St., Arcata. Learn about Humboldt snow locations, basics on what to wear and to get excited about the snowfall this season. At the HSU Recreation & Wellness Center, Room 124. Free. cntract@humboldt.edu. 826-3357.

COMEDY

Savage Henry Comedy Night. 9 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

Will Durst - Durst Case Scenario. 7:30 p.m. The Old

Steeple, 246 Berding St., Ferndale. Political comedy at its best. \$16. 786-7030.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Lunch with Laura. Noon-2 p.m. NorthCoast Knittery, 320 Second St., Eureka. Bring your favorite fiber craft project (or come find a new one) and a snack or sack lunch. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

31 Wednesday

ART

Woven Wall Hangings Workshop. 5:30-8:30 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Learn how to create beautiful woven wall hangings, a loom out of a re-used picture frame, how to warp a loom and basic weaving skills. \$18. education@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

LECTURE

Sandy Shore Invertebrates. 6 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join Friends of the Dunes and speaker David Orluck on sandy shore invertebrates on Humboldt beaches. Doors open at 5:30 p.m., lecture will begin promptly at 6 p.m. \$5-\$10 suggested donation. info@friendsofthedunes.org. 444-1397.

MOVIES

Live Metropolitan Opera Broadcast. Minor Theatre, 1013 H St., Arcata. See Jan. 27 listing.

MUSIC

Humboldt Symphony Open Auditions. 7-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Humboldt Symphony invites community musicians to attend open rehearsal auditions from Jan. 17 through Feb. 7, Wednesdays from 7-9:50 p.m. For more information, contact Garrick Woods at Garrick.Woods@humboldt.edu or phone 826-5448. Free. Garrick.Woods@humboldt.edu. 826-5448.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

1 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Jan. 25 listing.

Continued on next page »



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Calendar

Continued from previous page

MUSIC

HSU Wind Ensemble Open Auditions. 3-5 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. See Jan. 25 listing.

Humboldt Folklife Society Sing-along. First Thursday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com.

THEATER

Viva Commedia! 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Celebrating Commedia dell'Arte, a comic form featuring bold physical play, masks, bawdy humor and improvised performance. Themes may be inappropriate for younger viewers. Reserve tickets by phone or online. Pay what you can. www.dellarte.com. 668-5663.

EVENTS

Humboldt Steelhead Days. Countywide. See Jan. 25 listing.

Inked Hearts Tattoo Expo. 11 a.m.-6 p.m. Blue Lake Casino, 777 Casino Way. Featuring tattoos, contests, live shows and vendors. \$10 daily entry.

FOR KIDS

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Jan. 25 listing.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Jan. 25 listing.

MEETINGS

Open Enrollment Meetings. 6 p.m. Redwood Prep Charter School, 1480 Ross Hill Road, Fortuna. See Jan. 25 listing.

PFLAG Meeting. First Thursday of every month, 6:30-8 p.m. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. The national organization of parents, families, friends and allies united with LGBTQ people to move equality forward. Everyone welcome. Free. www.ci.eureka.ca.gov. 845-6337.

Redwood Empire Quilters Guild. 7 p.m. Home Plate Batting Cages at Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Meet the guild's vendors and business members, and hear about locally available quilting products. There will also be a Rare Bear presentation, show and tell and raffle. Come early at 6:30 for hospitality and fellowship. In the Home Ec. building. \$3, free for members. www.reqq.com.

ETC

Game Night at The Board Room. 5-10:30 p.m. The Boardroom, 3750 Harris St., Redwood Acres, Eureka. See Jan. 25 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Jan. 25 listing.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Jan. 25 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Jan. 25 listing.

Heads Up ...

Online registration is now open at www.godwitdays.org for the 23rd annual Godwit Days Spring Migration Bird Festival to be held April 20-22 at the Arcata Community Center. Pre- and post-festival events extend from April 18 to 24.

Redwood Region Audubon Society is sponsoring its 13th annual children's nature writing contest on "What Nature Means to Me" by Humboldt or Del Norte County students in grades four through 12. Send submissions to tomleskiw@gmail.com with "Nature Writing Contest" in the subject line by March 23. Submissions can be attached Word documents or text within the body of

the email (no Google docs). Or mail a printout to Tom Leskiw, 155 Kara Lane, McKinleyville, CA 95519.

The Student Bird Art Contest in conjunction with Godwit Days is accepting submissions. Deadline is March 23. A flier with complete rules and a list of suggested birds to draw is posted at www.rras.org and www.arcatamarshfriends.org or can be picked up at the Arcata Marsh Interpretive Center, 569 South G St., Arcata.

Grant applications through Humboldt Sponsors are now available for 2018 to local nonprofit organizations serving Humboldt County youth. Completed application packets must be returned to Humboldt Sponsors by the postmark deadline of Feb. 9. Please mail completed application packets to: Nancy C. Mathews, Funding Chair, Humboldt Sponsors, 1171 Marsh Road, Eureka, CA 95501.

The city of Eureka is accepting applications for appointments to following boards and commissions: Art and Culture Committee, Eureka Energy Committee, Finance Advisory Committee, Historic Preservation Commission and Transportation Safety Commission. Applications may be obtained by phone at 441-4144, in person from the Mayor's Office, city of Eureka, 531 K St., Eureka, CA 95501, or on the city clerk's website. For more information, call the city clerk at 441-4175, or go to www.ci.eureka.ca.gov. Applications will be accepted until posts are filled.

The Sanctuary announces the 2018 open call for internship and artist residency programs. Interested applicants should email info@sanctuaryarcata.org, mail to 1301 J St., Arcata, or call 822-0898.

Call for Entries: The Humboldt Arts Council invites community members to share the wonderful, weird or wacky treasures that define them as collectors in the show Humboldt Collects! Send a completed Humboldt Collects submission form, downloadable at www.humboldtarts.org, and up to three digital images (high resolution JPEG: minimum 300 dpi, 1 MB) to jemima@humboldtarts.org by Jan. 20.

Humboldt State University's Humboldt International Film Fest announces the call to entry for local short narrative, documentary, animation and experimental films (1-30 minutes long) made within the past five years. Deadline is midnight Feb. 28. Entry fee is \$10 for Humboldt County residents and free for HSU students and alumni. Visit www.hsufilmfestival.com, call 826-4113 or email filmfest@humboldt.edu.

The McKinleyville Community Services District announces two alternate member vacancies on the Recreation Advisory Committee. Letters of application may be mailed to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

Interested in volunteering for EPIC? Contact Briana Villalobos, briana@wildcalifornia.org or call 822-7711 to be added to the volunteer list.

Headwaters Fund mini-grants available for projects to promote local economic development. For more information, call 476-4809 or visit www.humboldt.gov.org/2193/Mini-Grants.

The Morris Graves Museum of Art seeks volunteer greeters for Friday and Saturday afternoons, noon to 2:30 p.m. and 2:30 to 5 p.m. Contact Janine Murphy, museum programs manager at janine@humboldtarts.org or 442-0278 extension 202.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. Contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502. ●

Monsters and Phantoms

Labors of love from modern masters

By John J. Bennett

filmland@northcoastjournal.com

Reviews

THE SHAPE OF WATER. Guillermo del Toro loves a monster movie. He's been working on variations within the genre for 25 years or so and he seems to be one of its last, great practitioners. As modern and self-aware as he may be, his work still belies a reverence for the classics of early mid-20th century creature craft. Never has this reverence, or his outsized humanism and heart, been more prominently on display than in his latest.

I recently mentioned *The Shape of Water* as one of my favorite movies of 2017, which it of course remains. Because we live here, though, in this oft-forgotten outpost to which cultural documents must apparently be brought by mule-team, on the harrowing journey over the secreting mountains and through the misty ancient forests so that we dwellers in the shadowed past might also participate in the conversations of the day, it has now become one of my favorites of 2018, a year that might need its message of love and connection even more than the last; better late than never, I guess.

In 1962 Baltimore, Elisa Esposito (Sally Hawkins) lives a quiet, unadorned life. She lives alone, socializing primarily with her closeted, struggling painter neighbor Giles (Richard Jenkins), with whom she frequents a middling pie shop where he has a crush on the waiter. She works as a custodian in a secure government facility with Zelda (Octavia Spencer), who looks out for Elisa like a big sister. Ultimately though, our protagonist is defined by a desire for connection and a sense of herself as other, an identity made all the more pointed by the fact that she cannot speak.

One night, Elisa and Zelda are reassigned to the care and cleaning of certain laboratory operated by Dr.

Robert Hoffstetler (Michael Stuhlbarg) and overseen by Col. Richard Strickland (Michael Shannon). Held in the lab, an "asset" captured in the Amazon — a crypto-zoological marvel, it's an aquatic humanoid of unknown origin and potential. Hoffstetler, fascinated by its beauty and intelligence, understands that there is much to be learned from the creature. The good doctor has secrets, though, and, in serving multiple masters, is left all but powerless. Strickland, by contrast, the walking, goggling definition of repression and paranoia, channels his fascination with the "asset" into hatred; he wants to vivisect and weaponize it, to destroy and remake the other, just as he would the parts of himself he keeps from the world. Elisa sees the self inside the "asset" and falls in love. This throws her into conflict with Strickland and the interests of the government he serves. So, enlisting the aid of Giles and Zelda, she plots a jailbreak.

There are a great many successes — technical, thematic, referential and performative alike — that make *The Shape of Water* what it is. But the real story is in the coming together of those elements into something even greater than the sum of its formidable parts. As one has come to expect from del Toro, the movie is exquisitely designed and executed, from the construction of its immersive, detailed sets to its elegant camera movement and editing and its customarily intricate sound design. The cast, to a one, rises to the occasion, giving a number of career-best performances. This is all in service of a story that, on one level, works beautifully as a tribute to the monster movies of yes-

teryear (it conjured a deep nostalgia for my childhood copy of the 1954 classic *The Creature from the Black Lagoon*). It also succeeds as a lyrical love story, a timeless fable and, if one is so inclined, a pointed commentary on the politics of days both gone by and yet to come. *R. 123M. BROADWAY, MINOR.*

THE PHANTOM THREAD. As we age, Paul Thomas Anderson and I, his work becomes ever richer, more nuanced, harder to parse and further from the point of origin of our imaginary relationship. I fell hard for Anderson's long takes, whip-pans and daredevil dolly moves with *Hard Eight* (1996) and *Boogie Nights* (1997), becoming a lifetime acolyte. Time passes and things must change. From a fan's perspective, the shift in Anderson's career came with *There Will Be Blood* (2007), a brutal, perfect, formalized exercise in the art of old-school American cinema but also in novelistic psychological realism, a character study in the boldest terms. The character in question, Daniel Plainview, would of course be nothing were he not inhabited by Daniel Day-Lewis, a performance that won him an Academy Award and set the stage for this, supposedly his final movie role.

Anderson's movie work since *There Will Be Blood* — *The Master* (2012), *Inherent Vice* (2015) and now *Phantom Thread* — eschews the ecstatic, frenetic movement of his early work in service of immersion in character and period. With this latest work as the most vivid example, the director focuses intensely on the minutiae of character and mirrors the setting and era of his stories with his cinematic technique.

Phantom Thread focuses on Reynolds Woodcock, couturier to stars and royalty in 1950s London. He operates his atelier as a sort of benevolent dictator, aided by his sister and constant companion Cyril (Lesley Manville). He is enormously talented and successful, but also broken and incomplete in deep, fundamental places. A boy who's become a man but is still looking for his mother, he cycles through muses, casting them aside when their imperfect humanity starts to grate on him. When he meets Alma (Vicky Krieps) while on holiday, though, he finds an object for his affection that will not sit passively by when he tires of her. What follows is an impossibly nuanced domestic drama, a study of the intricacies of an intimate relationship that has within it vast, unbroken distance. It can be a trying exercise but the text, the acting and the technical aspects reward patience. *R. 130M. BROADWAY, MINOR.*

—John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

DEN OF THIEVES. A crew of heavily armed bank robbers set their sights on the Federal Reserve in Los Angeles as a very shooty sheriff's department team closes in. Starring Gerard Butler in bear mode and 50 Cent. *R. 140M. BROADWAY, MILL CREEK.*

Continued on next page »



When you finally accept that human men are trash and start dating amphibians.

The Shape of Water



Oh my God, please stop Tweeting.
The Phantom Thread

HOSTILES. Wes Studi plays a captive Cheyenne chief being transported by a brutal Army captain (Christian Bale). With Rosamund Pike. *R. 134M. BROADWAY, FORTUNA, MILL CREEK.*

MAZE RUNNER: THE DEATH CURE. More video game inspired action with a boy band of rebels, now freed from their maze, fighting an oppressive regime of lame adults who are sacrificing teens to find a cure for a deadly disease. Starring Dylan O'Brien and Rosa Salazar. *PG13. 142M. BROADWAY, FORTUNA, MILL CREEK.*

Continuing

12 STRONG. Chris Hemsworth stars in a drama about a Special Forces unit sent to Afghanistan in the immediate aftermath of 9/11. With Michael Peña and Michael Shannon. *R. 130M. BROADWAY, FORTUNA, MILL CREEK.*

THE GREATEST SHOWMAN. A glossy, glitzy musical about a complicated man. Hugh Jackman plays P.T. Barnum, an abolitionist and social reformer who made his money off "freak shows" and minstrelsy. Michelle Williams and Zac Efron also star. Statue of Barnum on the Arcata Plaza unlikely. *PG. 105M. BROADWAY, FORTUNA.*

INSIDIOUS: THE LAST KEY. The fourth chapter in this horror series with parapsychologist sleuth Elise Rainier (Lin Shaye) investigating the scariest thing yet: her childhood. *PG13. 103M. BROADWAY.*

JUMANJI: WELCOME TO THE JUNGLE. A remake of a 1995 Robin Williams vehicle that somehow combines *Breakfast Club* teen dynamics, body-swap comedies, aggressive hippos and The Rock's skeptical eyebrow? Sure, why not? *PG-13. 119M. BROADWAY, FORTUNA, MILL CREEK.*

THE OTHER SIDE OF HOPE. A Finnish man (Sakari Kuosmanen) who starts a restaurant with his gambling winnings befriends and employs a Syrian refugee (Sherwan Haji) in this comedy/drama from Finland. *NR. 100M. MINIPLEX.*

PADDINGTON 2. The marmalade-obsessed bear (Ben Whishaw) goes on a hunt for the thief who stole his pop-up book. With Sally Hawkins, Hugh Bonneville and Hugh Grant. *PG. 121M. BROADWAY, FORTUNA, MILL CREEK.*

THE POST. With a stellar performance by Meryl Streep as *Washington Post* publisher Katharine Graham and masterful direction by Steven Spielberg, this true newsroom drama about publishing the Pentagon Papers is artful, entertaining and edifying. With a solid, if overshadowed, Tom Hanks. *PG13. 115M. BROADWAY, MILL CREEK, MINOR.*

THE SACRIFICE (1986). The restored version of Andrei Tarkovsky's final film, which focuses on a man and his son on the brink of World War III. *PG. 149M. MINIPLEX.*

THE SQUARE. This Palme d'Or winner, a Swedish satire about performance art, should satisfy your need to feel smart, when really we know you're there to watch Elisabeth Moss (*Mad Men*, *The Handmaid's Tale*) tear it up, per usual. *R. 142M. MINIPLEX*

STAR WARS: THE LAST JEDI. An ambitious, funny installment of the beloved franchise that should satisfy both mega-fans and fair-weather Wookies. *PG13. 153M. BROADWAY, MILL CREEK.*

—Jennifer Fumiko Cahill
and Linda Stansberry

Workshops & Classes

List your class — just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Communication

CONVERSATIONAL SPANISH MW, Jan. 29 – Feb. 26, 5:30-7:30pm. Learn essential Spanish for everyday conversation! Call CR Community Education at 707-476-4500. (C-0125)

FACEBOOK FOR BEGINNERS & SENIORS, M/W, Feb 5 – Feb. 14, 10:00am – 11:30am. Learn how to navigate Facebook confidently! Call CR Community Education at 707-476-4500. (C-0125)

SECRETS OF FRIENDSHIP CONSIDERED AT LIFE- TREE CAFÉ Keys to forming and maintaining lasting friendships will be explored at Lifetree Café on Sunday, January 28, 2018 at 7 p.m. The program, titled "Friends for Life: 10 buddies. 38 years. 1 week a year," features the filmed story of a group of guys who have remained friends 38 years after graduation from middle school. During the program participants will have the opportunity to discuss the factors involved in making and keeping friends, as well as the benefits of longtime friendships. Lifetree Café: free Conversation Café for one hour. Location: Corner of Union & 13th St., Arcata. Snacks and Coffee. Contact info: Bob 707 672 2919. (S-0118)

SPANISH Instruction/Tutoring Marcia 845-1910 (C-0405)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: WILL YOU BE READY FOR HUMBOLDT'S DANCE EVENT OF THE YEAR? Join us in celebrating the annual Redwood Coast Music Festival! Learn to dance swing, Latin and more. No partner required, all levels welcome. (0301)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0125)

REDWOOD RAKSWORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (DMT-0125)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. New Classes starting October 23. Youth classes Mon's 4:30-5:30. Beginners Fri's 5:45-6:45. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-0125)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0125)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1130)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1130)

Kids & Teens

HUMBOLDT JIU JITSU ACADEMY- FIRST WEEK FREE! Kids & Youth Classes. Brazilian Jiu Jitsu & Muay Thai Kickboxing HumboldtJiuJitsu.com Arcata (K-1228)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0125)

CHAIR YOGA: STRETCH & STRENGTHEN WITHOUT THE MAT WITH JAMES GADD. Practice the basics of Yoga without getting up and down from the floor and stressing your joints. Mon. & Wed., Feb. 5-14, 9-10:15 a.m. OLLI Members \$50. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

YOGA WITH JAMES GADD. Get useful yogic philosophies and tools for daily release of muscular tension. Mon. & Wed., Feb. 5-14, noon-1:15 p.m. OLLI Members \$50. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

ACTING UP: THE FUNDAMENTALS OF ACTING with Julie Eccles-Benson. Explore acting techniques, improvisation, character development, scene work and written text in this fun and interactive class. Mon., Feb. 5-March 12, 12:30-2 p.m. OLLI Members \$70. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

ACTING UP 2 WITH JULIE ECCLES-BENSON. Focus on script analysis, character motivation, as well as active listening and response. This class is for those who have had some acting experience or who have taken "Acting Up." Wed., Feb. 7-March 14, 12:30-2 p.m. OLLI Members \$70. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

WHY OWN A SMARTPHONE? with Pam Holten. See what this amazing tool can do to enrich and enlarge your life and the variety of uses. Wed., Feb. 7, 1-3 p.m. OLLI Members \$30. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

CLOSE TO THE BONE: WRITING FROM THE INSIDE OUT with Bonnie Shand. This beginning writing class offers the opportunity to dig deep and write in poetry or prose. Tues., Feb. 6-March 20, 1-3 p.m. OLLI Members \$90. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

JUST SING OR JUST SING 2 WITH CAROL RYDER. Sing and make music together. Work with breathing, vowels, range development and confidence. Join one or both classes. Just Sing: Mon., Feb. 5-March 5, 10:30 a.m.-noon or Just Sing 2: Wed., Feb. 7-March 7, 10:30 a.m.-noon OLLI Members \$75. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

BALLET FOR ADULTS WITH NANCY CALL. Develop and strengthen techniques of grace, good posture, coordination, balance and musicality. Classes run Tues., Feb. 6-March 13 (\$90) or Tues/Thurs Feb. 6-March 15 (\$160) both options 10:30 a.m.-noon. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

GUSTAV KLIMT & AUGUSTE RODIN: Their Artistic Relationship & Masterworks with Ron Johnson. Discover the fascinating biographies of Rodin, the most important 19th century sculptor and Klimt, the greatest decorative artist of the period. Thurs., Feb. 8 & 22 [NOTE: Date change], 6-8 p.m. OLLI Members \$45. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0125)

THE NATURE CONNECTION. Nature, Culture and History of the Golden State with Jeff Hart, Naturalist. Look at the role of different cultural influences, historical trends, places and environments. Sat., Feb. 10-March 17, 10 a.m.-noon. OLLI Members \$90. Sign up today! 826-5880 or www.humboldt.edu/olli

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit arcatazengroup.org. (S-0111)

FREE DAY OF HEALING Sunday, Jan 28th from 11:00 -3:00. Doors open at 10:30, at the Isis Osiris Healing Temple 48 Sunny Brae Center in Arcata. We will be offering mini Holistics healing sessions offered by various holistics practitioners. Reiki, deeksha, psychic and tarot readings, light therapy, sound healing, chi nei tsang and more. Please join us! Everyone is welcome. Contact Maya for more info at 707-825-8300 or visit us on FB at Isis Osiris. healingtemple (S-0125)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0125)

KDK ARCATA DHARMA STUDY GROUP EVENT Dorje Yang Dron - Melody of Diamond Light. Buddhist Teachings from the Kagyu Lineage. Community Yoga Center 890 G St., Arcata. Sat Jan 27 1st session 10 - noon, 2nd session 2-4, Sun Jan 28 1st session 10 - noon, 2nd session 2-4. (S-0125)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. www.tarotofbecoming.com (707) 442-4240 carolyn@tarotofbecoming.com (S-0125)

Sports & Recreation

RIVER GUIDE SCHOOL Looking for an awesome summertime job? GREAT JOB OPPORTUNITY. Redwoods and Rivers Guide School Scheduled during HSU Spring Break, March 11-16 (800) 429-0090 www.redwoods-rivers.com

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0125)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0810)

SEX/ PORN DAMAGING YOUR LIFE & RELATION- SHIPS? Confidential help is available. 707-825- 0920, saahumboldt@yahoo.com (TS-0125)

SMOKING POT?WANT TO STOP? www.marijuana-anonymous.org (T-0629)

Vocational

FREE AMERICAN SIGN LANGUAGE CLASS Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0201)

FREE CLASS TO PREPARE FOR THE GED OR HISET Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0201)

FREE ENGLISH AS A SECOND LANGUAGE (ESL) CLASSES Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0111)

FREE LIVING SKILLS CLASSES FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0201)

LEARN MICROSOFT EXCEL FROM A PRO. Beginning & Intermediate evening classes begin Feb. 10. \$75/4 sessions. Convenient Eureka location. www.humboldt.edu/extended (V-0125)

VENIPUNCTURE JAN. 27, 8am-6pm CR main campus. This one day training meets the standards and qualifications established by the Division of Allied Health Professionals, Board of Medical Quality Assurance, and State of California. Not applicable for CT Venipuncture Certification. Call CR Community Education at 707-476-4500. (V-0125)

BEGINNING EXCEL Jan. 30th -Feb. 8th Tues. & Thurs. 525 D St. Eureka. This course provides the basic, hands-on instruction needed to work with Microsoft Excel 2013. Call CR Community Education at 707-476-4500. (V-0125)

TRUCK DRIVER TRAINING Mandatory Informational Meetings, Tues. Feb. 20th, Thurs. Feb. 22nd, Tues. Feb. 27th & Thurs. March 1st 6p.m.-8p.m. at 525 D St. Eureka. Only need to attend one. Class starts March 26th. Call CR Community Education at 707-476-4500. (V-0125)

AUTO BODY COLLISION REPAIR Mandatory Informational Meetings: Wed. Feb. 21st, Feb. 28th, March 7th or March 14th 5:30pm-7:30pm 525 D street Eureka. Only need to attend one. Class starts March 26th Call CR Community Education at 707-476-4500. (V-0125)

FREE BEGINNING COMPUTER CLASS Call College of the Redwoods Adult Education at 707 476-4520 for more information. (V-0201)

FIRELINE SAFETY for Hired Vendors now has dates and locations, Call CR Community Education at 707-476-4500 for more information. (V-0125)

Wellness & Bodywork

ANUSARA YOGA SESSION I Fri, Jan. 26- May 4, 1-2pm. Session II Wed, Jan 31- May 2, 1:30pm-2:30pm CR Main Campus. Call CR Community Education at 707-476-4500. (W-0125)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Jan 31-March 21, 2018, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10-Month Herbal Studies Program. Feb - Nov 2018. meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Herbal & Traditional Healing in Greece with Thea Parikos. May 4 - 14, 2018. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on this amazing journey of learning to the Aegean islands of Ikaria & Samos! Register online www.dandelionherb.com or call (707) 442-8157. (W-0125)

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HEY, BANDS



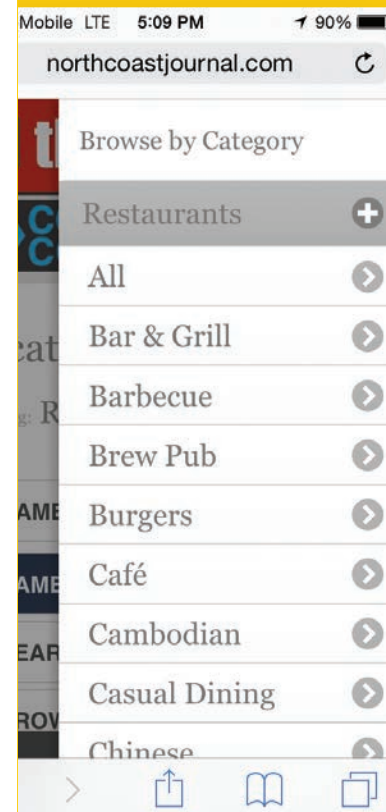
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NOTICE OF PUBLIC AUCTION ON MARCH 2ND- 5TH 2018 OF TAX-DEFAULTED PROPERTY FOR DELINQUENT TAXES

Made pursuant to Revenue and Taxation Code Section 3702
On, December 12th 2017, I, John Bartholomew, Humboldt County Tax Collector, was directed to conduct a public auction sale by the Board of Supervisors of Humboldt County, California. The tax-defaulted properties listed on this notice are subject to the Tax Collector's power of sale and have been approved for sale by a resolution dated December 12th 2017 of the Humboldt County Board of Supervisors.

The sale will be conducted at www.bid4assets.com, from March 2nd through March 5th 2018 as a public auction to the highest bidder for not less than the minimum bid as shown on this notice. Parcels receiving no bids will be re-offered at www.bid4assets.com on May 18th at a minimum price appropriate to stimulate competitive bidding. Due diligence research is incumbent on the bidder as all properties are sold as is. The winning bidder is legally obligated to purchase the item.

Only bids submitted via the Internet will be accepted. Pre-registration is required. Register on-line at Bid4Assets.com by February 27th, 2018. Bidders must submit a refundable deposit of \$2,500.00 electronically, or by certified check or money order at www.bid4assets.com. The deposit will be applied to the successful bidder's purchase price. Full payment and deed information indicating how title should be vested is required within 48 hours after the end of the sale. Terms of payment are limited to wire transfers, certified checks or money orders. A California transfer tax will be added to and collected with the purchase price and is calculated at \$.55 per each \$500 or fraction thereof.

All property is sold as is. The county and its employees are not liable for the failure of any electronic equipment that may prevent a person from participating in the sale.

The right of redemption will cease on Thursday March 1st, at 5 p.m. and properties not redeemed will be offered for sale. If the parcel is not sold, the right of redemption will revive and continue up to the close of business on the last business day prior to the next scheduled sale.

If the properties are sold, parties of interest, as defined in California Revenue and Taxation Code Section 4675, have a right to file a claim with the county for any excess proceeds from the sale. Excess proceeds are the amount of the highest bid in excess of the liens and costs of the sale that are paid from the sale proceeds. Notice will be given to parties of interest, pursuant to California Revenue Taxation Code section 3692(e), if excess proceeds result from the sale.

More information may be obtained by contacting the Tax Collector at www.humboldt.gov or by calling (707) 476-2450 or toll free at 877-448-6829.

PARCEL NUMBERING SYSTEM EXPLANATION

The Assessor's Assessment Number (Parcel No.), when used to describe property in this list, refers to the assessor's map book, the map page, the block on the map (if applicable), and the individual parcel on the map page or in the block. The assessor's maps and an explanation of the parcel numbering system are available in the Assessor's Office.

The properties subject to this notice are situated in Humboldt County, California, and are described as follows:

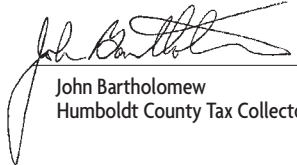
*Some item numbers are missing due to redemption of taxes or withdrawals.

ITEM NO.	ASSESSOR'S ASSESSMENT NO.	ASSEESSEE'S NAME	MINIMUM BID
1	004-182-003-000	Stephen P Egan	\$16,300.00
2	017-171-033-000	Linda A Wright	\$9,100.00
4	052-152-012-000	Lillie M Barker/ Lillie M Barker Revocable Trust	\$7,500.00
5	052-291-006-000	Richard W & Marilyn K Fielder	\$2,500.00
6	106-061-059-000	Daniel Whyte & Shari Hullings	\$31,500.00
7	108-141-027-000	Kevin J Riley	\$12,300.00
8	109-033-018-000	Azucena De Leon	\$10,300.00
9	109-061-024-000	Nneka T Eni	\$5,400.00
10	109-071-027-000	Larita J Pennell	\$1,700.00
11	109-081-048-000	Gary S White	\$4,400.00
12	109-091-051-000	Bruce A Siemon	\$4,100.00
13	109-111-003-000	Qudsia Roston/ Qudsia Roston 2012 Amended and Restated Sep Pr Trust	\$2,600.00
14	109-121-018-000	Thomas A Bailey	\$3,950.00
15	109-141-022-000	Paul V Porreca	\$5,250.00
16	109-141-032-000	Peter Williamson	\$5,250.00
17	109-141-036-000	Josefina D Esteban	\$3,400.00
18	109-161-012-000	Samia Dodin/ Dodin Family Trust	\$8,900.00
19	109-192-042-000	Djamel Mazouni	\$4,700.00
20	109-211-002-000	Nga-To-Thi-Trinh	\$5,400.00
21	109-211-031-000	Josefina D Esteban	\$3,700.00
22	109-241-056-000	Jeffrey Cordle	\$12,750.00
23	109-221-010-000	Vitaly & Irina Onishchenko	\$4,300.00
24	109-261-032-000	Sassan S Kouchehpour	\$3,900.00
25	109-261-038-000	George M W Formby	\$4,100.00

26	109-271-052-000	Gary A McDonald	\$5,300.00
27	109-292-017-000	Sharion Windom	\$6,700.00
28	109-292-047-000	Chau N Pham	\$7,350.00
29	109-302-029-000	American Land Investments LLC	\$4,000.00
30	109-311-024-000	Ting C Pan	\$4,000.00
31	109-331-039-000	Steve & Yvonne Duran	\$4,150.00
32	109-341-014-000	New Horizon Marketing group LLC	\$5,200.00
33	109-341-040-000	Harry Tanner	\$4,600.00
34	110-021-002-000	Paul Dean	\$3,450.00
35	110-021-006-000	Michael & Tawny L Laos	\$3,900.00
36	110-041-004-000	Vernon & Geraldine Paige Family Trust of 1993 Geraldine V Paige/ Richard & Jennifer Gay	\$5,700.00
37	110-041-027-000	Sybil M Dean	\$4,250.00
38	110-091-021-000	Gerilyn D Wilhelm & Janine M Brown	\$4,900.00
39	110-091-024-000	Renee M Weaver	\$3,600.00
40	110-121-007-000	Monica Kelly	\$5,300.00
41	110-121-017-000	David S & Joan H Wilson	\$4,200.00
42	110-141-032-000	New Horizon Marketing Group LLC	\$5,400.00
43	110-181-008-000	Reginald J Grant	\$4,000.00
44	110-191-048-000	Jose L Perez	\$4,750.00
45	110-201-021-000	Suzanne L Holub	\$5,000.00
46	110-201-022-000	William C/ Robert L/ John T & Calvin F Crews	\$3,800.00
47	110-211-032-000	Debra Hakimzadeh	\$3,450.00
48	110-211-033-000	Jeffrey P & Linda S Schoefner	\$7,250.00
49	110-211-041-000	Ernest E & Marguerite M Ford	\$3,800.00
50	110-231-029-000	Capital Investment Enterprises	\$6,850.00
51	110-231-043-000	Albert Shahid	\$4,900.00
52	110-231-063-000	Renee Tilden	\$6,200.00
53	110-241-010-000	Zohreh Safaei	\$4,350.00
54	110-251-016-000	Douglas K Hishinuma	\$4,150.00
55	110-251-025-000	Inez & Gunther Enderle	\$3,200.00
56	110-261-014-000	Kenneth C Clarke II & Nancy L Rhodes	\$3,500.00
57	110-301-042-000	Richard K Dyer	\$4,400.00
58	111-012-017-000	The Shelter Cove Land & Trust Investments	\$7,100.00
59	111-031-022-000	Erik & Jacqueline Gunnerson	\$4,800.00
60	111-031-037-000	Clearwater Real Estate Holdings LLC	\$9,400.00
61	111-031-039-000	Capital Investments Enterprises	\$5,550.00
62	111-051-019-000	Elmer H & Angelynn S Gabinay	\$6,650.00
63	111-112-008-000	Stephen E Mobley	\$3,750.00
64	111-112-013-000	Paul W & Elenita Stack	\$7,250.00
65	111-152-039-000	Susan G Thompson	\$11,900.00
66	111-191-020-000	Luisa Deaton	\$8,900.00
67	111-202-008-000	Michael C Sorenson	\$23,900.00
68	111-202-024-000	Louis & Randolyn Serrato	\$8,800.00
69	111-202-027-000	David S & Joan H Wilson	\$5,850.00
70	111-202-028-000	Louis & Randolyn Serrato	\$10,450.00
** Item # 71 is a Combined Sale**			
71	214-115-013-000	John W Hagan	\$7,200.00
71	214-116-008-000	John W Hagan	
72	214-116-006-000	John W Hagan	\$7,700.00
73	214-201-041-000	John A & Evelyn Hagan	\$1,550.00
74	217-121-002-000	Christopher W Trent/ Christopher W Trent Living Trust	\$14,000.00
76	300-242-064-000	Melissa Burdick	\$33,950.00
79	505-325-010-000	Barbara A Richter	\$8,200.00
80	509-076-006-000	David F & Dorothy A Mielke	\$23,900.00
81	511-341-047-000	Kathryn Kepler	\$20,100.00
82	512-121-031-000	Garry D Barrick	\$31,700.00
82	512-221-020-000	Deborah D Edwards	\$5,000.00
83	519-252-019-000	Ronnie L Verilhac & Maxine Pelroy	\$28,600.00
84	520-071-015-000	Fred A Swide/ Donnie D & Linda L Humphrey Bernard P Bunce	\$30,900.00
85	522-131-001-000	Best Buy Containers LLC	\$4,200.00

86	522-451-015-000	Judith A Coffey	\$22,850.00
87	525-201-034-000	New Life Church	\$5,950.00
88	525-291-009-000	Robert H & Beverly J Graeber	\$2,600.00
89	526-062-046-000	Marilyn E Overturf	\$19,400.00
90	529-131-008-000	Stan P & Diane L Rabideau	\$48,000.00
91	529-351-006-000	Charles R Sparks	\$4,700.00

I certify or (declare), under penalty of perjury, that the foregoing is true and correct.


John Bartholomew
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on January 22nd 2018. Published in the North Coast Journal on January 25th and February 1st & 8th 2018.

T.S. No. 054241-CA
APN: 019-114-024-000
NOTICE OF TRUSTEE'S SALE
IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 9/26/2008. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER

On 2/13/2018 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 10/6/2008, as Instrument No. 2008-23936-11, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: ROBERT E. SWEN-DEMAN AND DOROTHY B. SWEN-DEMAN, AS TRUSTEES OF THE ROBERT E. AND DOROTHY B. SWENDEMAN 2004 TRUST DATED APRIL 28, 2004 WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 4498 LITTLE FAIRFIELD ST EUREKA, CALIFORNIA 95503 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or

implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$295,448.49 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The

sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 054241-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive San Diego, California 92117

1/18, 1/25, 2/1 (18--006)

**T.S. No. 060929-CA
APN: 203-271-060-000
NOTICE OF TRUSTEE'S SALE
IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN
DEFAULT UNDER A DEED OF
TRUST, DATED 7/2/2007.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF
THE PROCEEDING AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER**

On 2/26/2018 at 11:00 AM, CLEAR RECON CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 7/10/2007, as Instrument No. 2007-20538-23, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: SHYLA DEWBERRY, AN UNMARRIED WOMAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: At the front entrance to the County Courthouse, 825 5th Street, Eureka, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 3511 TRINITY ST FORTUNA, CA 95540

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$230,627.12 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (800) 758-8052 or visit this Internet Web site WWW.HOMESearch.COM, using

the file number assigned to this case 060929-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (800) 758-8052 CLEAR RECON CORP 4375 Jutland Drive San Diego, California 92117

1/25, 2/1, 2/8 (18-010)

**NOTICE OF PETITION TO
ADMINISTER ESTATE OF
FLORENCE B. BUREK aka
FLORENCE BLAKE BUREK
CASE NO. PR180008**

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of FLORENCE B. BUREK aka FLORENCE BLAKE BUREK
A PETITION FOR PROBATE has been filed by Petitioner BARBARA GRACE BUREK
In the Superior Court of California, County of Humboldt. The petition for probate requests that BARBARA GRACE BUREK be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held on February 15, 2018 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 4. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or

personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. ATTORNEY FOR PETITIONER: James D. Poovey 937 6th Street Eureka, CA 95501 (707) 443-6744 Filed: January 17, 2018 SUPERIOR COURT OF CALIFORNIA COUNTY OF HUMBOLDT

1/25, 2/1, 2/8 (18-012)

PUBLIC SALE
NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on Tuesday the 30th of January, at 9:00 AM, on the premises where said property has been stored and which are located at CUTTEN MINI STORAGE, 2341 Fern Street, Eureka, CA County of Humboldt the following:

Renee Stanger #16
Shirley Kierce #77

Items to be sold include, but are not limited to: Bike, scooter, toys, couch, chairs, stool, large table, small table, mattress sets, wheel chair, dresser, guitar, luggage, books, basket, pictures, pump, statue, trunks, movies, helmet, tools, stereo equipment, vacuum, and bags, boxes, bins - contents unknown.

Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 2341 Fern Street, Eureka, CA prior to 9:00 AM on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.

Auctioneer: Cutten Mini Storage (707) 443-2280, Bond #0336443
Dated this January 18, 2018 and January 25, 2018 (18-003)

**FICTITIOUS BUSINESS NAME
STATEMENT 18-00012**
The following person is doing Business as
**SOUTHERN HUMBOLDT DISTRIBUTION COMPANY
Humboldt Manufacturing
Humboldt Delivers
Lost Coast Elixers
Briceland
Key System Patient Group**

Humboldt
3354 Redwood Drive
Redway, CA 95560

**SHDC, LLC
CA 201524610295
300 Frank H. Ogawa Plaza, Suite 370
Oaklnd, CA 94612**

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Keenan Whitehurst, Manager This statement was filed with the County Clerk of Humboldt County on January 8, 2018 KELLY E. SANDERS by sm, Humboldt County Clerk

1/18, 1/25, 2/1, 2/8 (18-007)

**FICTITIOUS BUSINESS NAME
STATEMENT 18-00033**
The following person is doing Business as
EMERALD SEAMLESS GUTTERS

Humboldt
376 Glenwood Lane
McKinleyville, CA 95519

**Patrick J O'Dwyer
376 Glenwood Lane
McKinleyville, CA 95519**

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Patrcik O'Dwyer This statement was filed with the County Clerk of Humboldt County on January 17, 2018 KELLY E. SANDERS by sm, Humboldt County Clerk

1/25, 2/1, 2/8, 2/15 (18-014)

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00654**
The following person is doing Business as
CITADEL MASONRY

Humboldt
1855 Margaret Ln
Arcata, CA 95521

**Jacob D Estetter
1855 Margaret Ln
Arcata, CA 95521**

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jacob Estetter, Owner This statement was filed with the County Clerk of Humboldt County on December 13 2017 KELLY E. SANDERS by sc, Humboldt County Clerk

**FICTITIOUS BUSINESS NAME
STATEMENT 17-00678**
The following person is doing Business as
TULIP

Humboldt
1660 Central Ave, Ste C
McKinleyville, CA 95519

**Tulip Enterprises Ltd Liability Co
CA 201521610213
1660 Central Ave, Suite C
McKinleyville, CA 95519**

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Victoria England, Owner/CEO This statement was filed with the County Clerk of Humboldt County on December 28, 2017 KELLY E. SANDERS by kl, Humboldt County Clerk

1/11, 1/18, 1/25, 2/1 (18-004)

LEGALS?
classified@north
coastjournal.com
442-1400 x305

Legal Notices

Continued from previous page

FICTITIOUS BUSINESS NAME
STATEMENT 18-00025

The following person is doing Business as
THREE CREEKS FARMS

Humboldt
3990 Broadway
Eureka, CA 95503

Humboldt Healing Collective
CA C3845682
3990 Broadway
Eureka, CA 95503

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Ethan Aronson, President
This statement was filed with the County Clerk of Humboldt County on January 12, 2018
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/18, 1/25, 2/1, 2/8 (18-009)

FICTITIOUS BUSINESS NAME
STATEMENT 18-00026

The following person is doing Business as
THREE CREEKS SOLUTIONS, LLC

Humboldt
4184 Browns Rd
Eureka, CA 95503

Three Creeks Solutions, LLC
CA 201711510167
4184 Browns Rd
Eureka, CA 95503

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Ethan Aronson, President
This statement was filed with the County Clerk of Humboldt County on January 12, 2018
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/18, 1/25, 2/1, 2/8 (18-008)

FICTITIOUS BUSINESS NAME
STATEMENT 17-00647

The following person is doing Business as
PARADISE FLAT FARM
78 Shively Flat Rd
Scotia, CA 95565

Humboldt
Elizabeth A Dunlap
78 Shively Flat Rd
Scotia, CA 95565

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Elizabeth Dunlap, Owner/Operator of Sole Proprietorship
This statement was filed with the County Clerk of Humboldt County on December 8, 2017
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/25, 2/1, 2/8, 2/15 (18-013)

FICTITIOUS BUSINESS NAME
STATEMENT 18-00006

The following person is doing Business as
LIFE ON WHEELS

Humboldt
550 S. G St STE 29
Arcata, CA 95521

Life On Wheels LLC
CA 201736410012
550 S. G St STE 29
Arcata, CA 95521

The business is conducted by a Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Brian Sharkey, Owner/Officer
This statement was filed with the County Clerk of Humboldt County on January 4, 2018
KELLY E. SANDERS
by sc, Humboldt County Clerk

1/25, 2/1, 2/8, 2/15 (18-015)



We Print Obituaries

Submit information via email to classified@northcoastjournal.com, or by mail or in person.

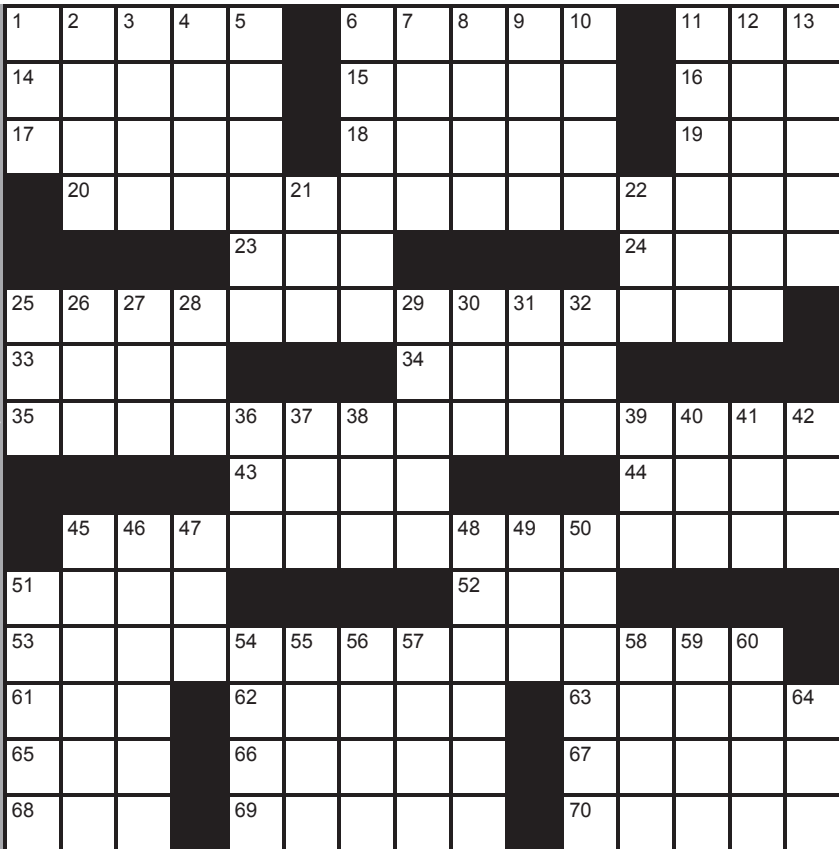
Please submit photos in JPG or PDF format, or original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times a year. Deadline for obituary information is at 5 p.m. on the Sunday prior to publication date.

North Coast
Journal
of Politics, People and Art

310 F STREET, EUREKA
(707) 442-1400 • FAX (707) 442-1401

CROSSWORD by David Levinson Wilk



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KELLY CLARKSON

ANSWERS NEXT WEEK!

ACROSS

1. Gal who played Wonder Woman in 2018's "Wonder Woman"
6. Young seal
11. Actress Zadora
14. 2006 U.S. Supreme Court appointee
15. "Napoleon Dynamite" star Jon
16. "Good" cholesterol, briefly
17. Shade of white
18. Give out one's address?
19. French affirmative
20. Way in which lamebrains arrange themselves?
23. "Sure thing"
24. On its way
25. "All these interjections

- from Rocky ... enough!?"
33. Campbell of "House of Cards"
34. "How ____ to know?"
35. Garden tool use by the ruling family of old Florence?
43. "This Is How ____ It" (1995 #1 hit)
44. It's 29% cream
45. Uneven trade which leaves a person with 13 less than they previously had?
51. D, in an emoticon
52. Billiard stick
53. 2005 Kelly Clarkson hit ... or this puzzle's theme
61. Wee bit
62. Pioneering nurse Barton

63. Parts of college courses
65. Word after golden or old
66. "There's ____ every crowd"
67. Diary part
68. Color in sunsets
69. Lollygags
70. Gave pills, e.g.
DOWN
1. ____ year (precollege experience)
2. Trump impersonator Baldwin
3. Competitor of Ivory and Coast
4. Spanish "other"
5. "Ha! I was right!"
6. First name on "The View"
7. Sir in the Ruhr
8. Dutch cheese
9. "I ____ Song Go

- Out of My Heart"
10. ____-à-porter
11. "Rats!"
12. "Beats me"
13. Cream of the crop
21. Made dinner for
22. Kinda sorta
25. Acct. earnings
26. Part of DMV: Abbr.
27. She raised Cain
28. Part of a sly laugh
29. ____ a kind (pair)
30. Post-WWII female service member
31. Suffix with British and Bush
32. Coat and ____
36. Have the title to
37. Harden
38. Big name in ice cream
39. Forest female
40. Hip-hop record mogul Gotti
41. ____-Lo Green, former coach on

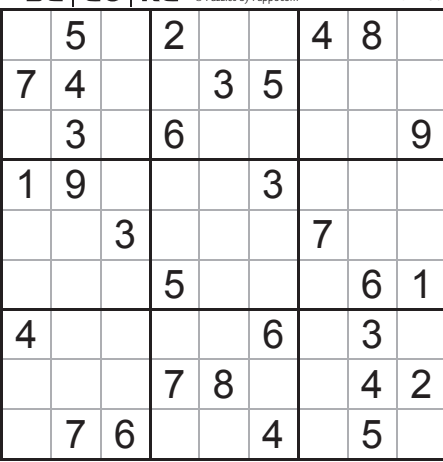
- "The Voice"
42. Na+ or Cl-
45. Process of sorting injuries
46. Out of breath
47. Ltr. addition
48. Geographical quintet
49. Score in baseball
50. Made a smooth transition
51. Our sun's type
54. Climate change subj.
55. Bone below the elbow
56. Performer at 1963's March on Washington
57. Great Lakes city
58. ____ occasion (never)
59. Things faultfinders pick
60. French 101 verb
64. Hip-hop's ____ tha Kyd

LAST WEEK'S ANSWERS TO I SPY



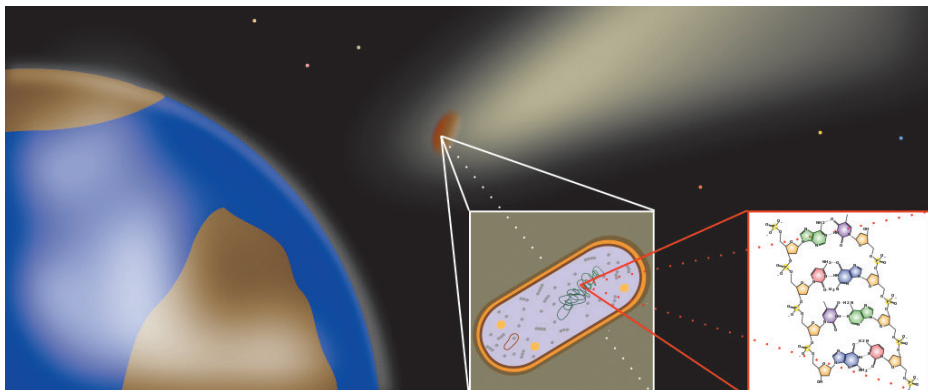
su | do | ku

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www.sudoku.com





How a comet might have transported a bacterial life form to Earth some 4 billion years ago.

Photo by Silver Spoon Sokpop via Creative Commons/Wikimedia

Panspermia and SETI

By Barry Evans

fieldnotes@northcoastjournal.com

The last time I saw Bob Zubrin, at a conference of the Mars Society of which he's president, he was, as usual, passionately advocating for manned missions to Mars. "If we send robotic machines ahead of humans to synthesize rocket fuel from the planet's soil and atmosphere, we can cut NASA's \$400 billion cost estimate by 90 percent," he insisted. His plan for utilizing *in situ* resources notwithstanding, we're still a long way from putting humans on Mars, but that hasn't dimmed his passion for the subject — he's written five books and hundreds of papers about mankind's future on the red planet.

Which is why I was surprised by his latest paper, which at first blush has no Martian connection. Titled "Interstellar Communication Using Microbes: Implications for SETI," it's brilliant, funny, mind-expanding, well worth a few minutes of your time and available for free online. He starts by questioning the rationale behind the 58-year-long unsuccessful Search for Extraterrestrial Intelligence (SETI). SETI scans the heavens for possibly artificial — i.e. patterned — radio waves, since a pattern could mean ET origin. Zubrin points out the unlikelihood of ETs sending radio signals and of us receiving them, the signal-to-noise ratio being so low, even with huge transmitting and receiving dishes operating at gigawatt levels.

We're looking in the wrong place, he suggests. The smart way for ETs to get their message out into the galaxy is to encode it in spaceworthy microbial form, what the Swedish Nobel-winning chemist Svante Arrhenius dubbed *panspermia* (Greek for "all seed") more than 100 years ago. What message? Genetic information, of course. If you're really interested in communicating beyond your homeland, you don't send a "Wazzup, bro?" message out into the void, you send life. What sort of life? Tiny microbes that can survive, evolve and propagate in new planetary

surroundings. They travel much slower than radio waves' light speed, of course, but time isn't of the essence when you're seeding a 13-billion-year-old galaxy.

There's good reason to believe that panspermia — microbial life from space, whether of artificial (ET) or natural origin — is what started life here on Earth some 4 billion years ago. The most primitive life forms found on Earth are bacteria but bacteria are already incredibly complicated structures. For instance, they propagate themselves using DNA, which is as complex a molecule as we can imagine. Why do we find no precursor life forms here? Because, argues Zubrin, life didn't start on Earth by an improbable series of chemistry-to-biology steps, it came right out of the starting gate already viable as tiny (1-10 microns diameter) microbes raining down on early Earth from space. Which is why life began here almost as soon as conditions allowed, not a billion years later.

In order to test the panspermia hypothesis, we need to find an environment in which these putative seeds of life that found their way into the early solar system have been unsullied by later evolution. What better place to look than in deep groundwater on Mars? (Now I see Zubrin's interest in this — you need humans there to drill down maybe a kilometer beneath the surface.) Mars and Earth were sister planets 3.5 billion years ago, so finding traces of DNA-based life but no earlier precursor life-forms (as on Earth) would be strong evidence for space-borne panspermia seeding life on both planets long ago. And if — big if — such DNA encodes what Zubrin calls "forward-looking traits" that could only have been put there by intelligent beings, we would finally have the answer to the big question: Are we alone?

Barry Evans (barryevans9@yahoo.com)
dreams of terraforming Mars
into a second Earth.

Employment

Opportunities

AGRICULTURAL ASSISTANT Part-time farm assistant for organic, medical cannabis cultivation. Will be trained in sustainable farming. 6 month contract. zenridgefarm@gmail.com

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Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039.

The North Coast Journal is hiring SALE REPS



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\$63,077 – 76,670/yr.

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This administrative position plans, organizes, manages, and coordinates all our Building Division activities and oversight. EOE.

Application packet available at:

www.cityofarcata.org or City Manager's Office, 736 F Street, Arcata; (707) 822-5953.



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We are looking for team-oriented nurses to coordinate care for patients in collaboration with an interdisciplinary team and under physician's orders. Full-time, 3/4- time, and per diem options available. We offer outstanding benefits, competitive wages, and professional growth opportunities. Current California RN license and graduation from an accredited nursing program required.

Visit www.hospiceofhumboldt.org or call 707-445-8443 for more information.



HOSPICE AIDE

Provides personal care for patients, assisting with their activities of daily living. Must possess a current CNA license and have, or be willing to obtain, HHA certification. Must also have a valid driver's license and reliable transportation. Schedule: 4 days/week. Benefited position.

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County of Humboldt PARK CARETAKER I

\$2,418 – \$3,103/mo, including benefits and CalPERS retirement.

While under general supervision, this position performs routine and skilled work in the maintenance of park grounds and facilities; provide information to park users, explain rules and regulations and respond to complaints.

Desirable qualifications include experience in natural resource park maintenance and skill and knowledge in the use of landscaping and building trade tools and equipment. Must be willing to work flexible hours, including evenings, weekends and holidays. Valid CA driver's license required.

Final filing date: Friday, February 9, 2018

Apply online at www.humboldt.gov/hr or contact: Human Resources, (707) 476-2349 825 Fifth St., Room 100. Eureka, CA. AA/EOE



"Healthy mind, body and spirit for generations of our American Indian Community."

Join our dynamic team and support the UIHS vision!

This week's featured jobs

Human Resources Coordinator

Arcata Under the direction of the Human Resources Director, this position is responsible for leading, coordinating, monitoring, and maintaining the credentialing and re-credentialing processes including initial appointment, reappointment, and clinical privileging for Clinical Staff following UIHS policies and procedures.

Quality Improvement Director

Arcata Collaborates with the Executive Leadership team, managers/supervisors to support United Indian Health Service's quality improvement, risk management, and strategic performance objectives through data analysis, process outcome evaluation and other rapid cycle improvement methods.

Visit our website www.uihs.org to see all of our opportunities and print out an application. Email application, cover letter and resume to UIHS-Recruiting@cuihb.org.

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.

NOW HIRING!

Graphic Artist

Local company is recruiting for the position of Graphic Artist. Candidates must have 3-5 years of experience as a designer in a high volume, demanding environment.

Adobe Creative Suite expertise is required and certificates are preferred. Company offers a competitive wage and benefits package.

To apply, please send your resume and a link to your portfolio to humboldt.recruiter@gmail.com.



SOCIAL MEDIA COORDINATOR

Do you live on social media, with accounts on Twitter, Facebook, Instagram, Pinterest, Snapchat and every other platform known to man? If so, maybe you can help us.

We are looking for a motivated, passionate person to manage the Journal's social media presence across multiple platforms and work with select advertising clients to increasing their reach and build their brands. The ideal candidate will have a broad knowledge base that allows him or her to build and execute a strategy that gradually increases customer and reader engagement by strategically exploiting all aspects of the social media marketing roadmap.

Candidates must have a solid understanding of how each social media platform works and how to tailor content for each to maximize impact and engagement.

Responsibilities

- Generate, edit, publish and share daily content that builds meaningful connections, including photos and video
- Moderate all user-generated content in line with the moderation policy for each platform
- Create calendars and syndication schedules
- Continuously improve by capturing and analyzing the appropriate social data/metrics, insights and best practices, and then acting on the information
- Collaborate with other departments (editorial, sales, clients) to manage reputation, identify key players and coordinate actions

Skills

- Writing: Social media managers will need to know how to write effective copy in a lot of different styles, for twitter, Facebook, etc.
- Research: Social media managers need to know what is happening in the fast changing world of social and digital media, what competitors are doing and what new measurement tools are being used.
- Problem-Solving: Social media managers figure out how to best communicate a company's message on different platforms, and sometimes might need to convey sensitive issues or deal with angry customers.
- Organization: There are many different platforms, and new ones are being developed all the time. How you communicate on each, determining audience, and measuring tactics all take organization.
- Interpersonal Skills: Even through writing, social media managers are a direct connection between a company and the public. Being friendly and approachable online will help.
- Technical Skills: Social media managers work almost exclusively through computers. Understanding computers, SEO, internet access and being tech savvy is necessary.
- Photography and video: The ideal candidate will be able to generate photo and video content to be utilized on various social media platforms.

Submit application and resume to Melissa Sanderson melissa@northcoastjournal.com.



PPNorCal is recruiting for following jobs:

Center Director, III – Eureka

Job Description:

Planned Parenthood Northern California (PPNorCal) is currently seeking a full-time Center Director III at our Eureka Health Center. The Center Director III has direct oversight for the overall development, management, and supervision of center staff and services at the designated health center site. The Center Director is responsible for the internal systems and personnel management of the health center while assuring compliance with regional and state regulations and standards, and cost-effective functioning while providing excellent, responsive, client-centered services. The Center Director III reports to the Senior Regional Director and is an integral part of the Client Services department.

This is an exempt, full-time position, working 40 hours per week including evenings and Saturdays as needed. Salary is DOE + benefits package including Medical, Dental & Vision, ETO and 403B!

CLOSING DATE: Until Filled

APPLICATION INSTRUCTIONS: ***Please include a cover letter along with your resume when applying for this position.***

ESSENTIAL RESPONSIBILITIES

- Monitor client volume, capacity and productivity for assigned health center. Create and maintain staffing levels and appointment schedule templates that meet or exceed PPAF productivity goals for visits/hour and RVU, and meet or exceed annual estimated visits proposed in organization annual budget.
- May directly supervise 1-4 subordinate supervisors such as Program Managers and Lead Clinicians and between 4-12 center employees such as RHS IV-Program Coordinators and Clinicians. Carries out supervisory responsibilities in accordance with the organization's policies and applicable laws. Responsibilities include interviewing, hiring, and training employees; planning, assigning, and directing work; appraising performance; rewarding and disciplining employees; addressing complaints and resolving problems.
- Achieve health center's annual goals regarding number of patients served, patient waiting time, appointment show rate, and customer satisfaction.
- Ensure processes are in place and followed for excellent clinical quality, and patient and staff safety, including successful completion, and remediation of audits. Coordinate Quality Assurance program along with Lead Clinician/Physician.
- Oversee maintenance of facility and manage inventory of equipment and supplies.
- Provide direct patient care approximately 10-20% of the time.
- Plan and implement new programs and services as needed.

QUALIFICATIONS

- Bachelor's degree (B. A.) from four-year college or university; or one to two years' related experience and/or training; or equivalent combination of education and experience.
- Knowledge of spreadsheet software and word processing software. Knowledge and experience with EHR & EPM systems preferred.
- Reliable automobile transportation and a valid California Driver's License and insurance required.
- Leadership skills including vision, enthusiasm, common sense, proven management skills, and a commitment to excellent customer service and the mission of Planned Parenthood.
- Two or more years' experience in health care supervision/management including personnel management, program management and fiscal management.
- Direct patient care experience, preferably in women's health/reproductive health care. Experience in family practice or community health preferred.
- Commitment to working with low-income and culturally-diverse clients with an emphasis on prevention and empowerment.
- Knowledge of the assigned county preferred.
- Ability to influence and secure cooperation from others, and works collaboratively toward "win-win" solutions.
- Ability to communicate effectively, make decisions, solve problems and function as a team leader.
- Excellent organizational skills, a sense of responsibility and a high level of motivation.
- Ability to think and act strategically.
- Bilingual English/Spanish preferred.
- Commitment to quality healthcare.

Planned Parenthood Northern California is an equal opportunity employer and works affirmatively to include diversity among its staff and does not discriminate on the basis of race, color, ethnicity, religion, sex/gender identity, sexual orientation, national origin, age, disability, income, marital status or any other irrelevant dimension of diversity. PPNorCal values collaboration between employees of diverse backgrounds and experiences. Planned Parenthood Northern California champions healthy communities and increases access to quality health care, information and reproductive freedom by providing medical services, education, and advocacy. We provide healthcare and education services to 136,000 adults and youth every year at 17 sites located throughout 20 Northern California counties. Planned Parenthood Northern California offers high-quality, affordable health care to all, regardless of income or insurance status. We care. No matter what! Our experienced and caring medical staff gives each client honest information and personal attention. We provide a full range of services including: birth control, breast exams, cancer screenings, medication and surgical abortion, pregnancy testing and counseling, prenatal care, PEP and nPEP to prevent HIV infection, STD screening and treatment, vasectomy and female sterilization, and more.



Planned Parenthood Northern California

PPNorCal is recruiting
for following jobs:

Reproductive Health Specialist II-III, Eureka Job Description:

Planned Parenthood Northern California (PPNorCal) is currently seeking a full-time Reproductive Health Specialist II-III to serve our clients at the Eureka Health Center. The Reproductive Health Specialist reports to the Center Director and is an integral part of the Client Services department. This is a non-exempt, full-time position, working 40 hours per week including evenings and Saturdays as needed. Salary is \$15.25 + comprehensive benefit package including Medical, Dental and Vision Insurance, ETO and 403B!

CLOSING DATE: Until Filled

Apply online at: ppnorcal.org. EOE Please include a cover letter along with a resume with your on line submission.

Essential Job Responsibilities:

- Serve as phone receptionist; book appointments, provide information about medical services and appropriate referrals, screen calls, provide health information as appropriate and document.
- Ensure accurate completion and patient understanding of all necessary forms.
- Assess eligibility for funding, health insurance and/or fees. Collect payments, and complete on-line eligibility processes.
- Perform accurately all vital signs and lab tests; including blood draws and injections; document accurately.
- Work as a team member to set-up and clean-up exam rooms and lab, handle lab specimens, stock supplies, and maintain lab equipment.
- Review and reconcile billing on a daily basis.
- Abstract or scan medical records into the electronic health record as needed.
- Input and update patient information in the electronic health records.
- Assist the nurse/clinician/physician as indicated.
- Assist in family planning, STD, abortion and prenatal services (if applicable) to include providing information about pregnancy options and support in a caring, non-judgmental, factual manner.
- Assist in all aspects of abortion procedure, including performing vital signs, lab work, and tissue processing as needed; assist physician during procedure while being supportive of patient; and assist in recovery room.
- Adhere to affiliate goals and policies on professionalism, wait time in-health center and on the phone, and the system for addressing patient complaints.
- Participate in health center efforts to achieve established goals for productivity.
- Participate in health center/affiliate efforts to achieve established revenue cycle goals.

Qualifications:

- Associate's degree (A. A.) or equivalent from two-year College or technical school; or six months to one year related experience and/or training; or equivalent combination of education and experience.
- Experience working in a health care setting preferred.
- Knowledge of medical assistant practices and reproductive health preferred.
- Ability to work calmly, efficiently and represent the organization with a high degree of professionalism.
- Excellent customer service, problem solving, judgment, organizational and communication skills.
- Ability to multi-task and to work independently and as a member of the team.
- Flexible and able to work in other health center locations, as requested.
- Must be able to travel to Administration Offices to attend trainings and meetings as needed.
- Bilingual in English and Spanish highly desired.
- Ability to support the provision of reproductive healthcare services to socioeconomically diverse populations with cultural competency.
- Ability to support the provision of reproductive health care services with a non-judgmental, patient-centered approach.
- Commitment to quality healthcare.

Planned Parenthood Northern California is an equal opportunity employer and works affirmatively to include diversity among its staff and does not discriminate on the basis of race, color, ethnicity, religion, sex/gender identity, sexual orientation, national origin, age, disability, income, marital status or any other irrelevant dimension of diversity. PPNorCal values collaboration between employees of diverse backgrounds and experiences. We provide healthcare and education services to 136,000 adults and youth every year at 17 sites located throughout 20 Northern California counties. Planned Parenthood Northern California offers high-quality, affordable health care to all, regardless of income or insurance status. We care. No matter what!

Our experienced and caring medical staff gives each client honest information and personal attention. We provide a full range of services including: birth control, breast exams, cancer screenings, medication and surgical abortion, pregnancy testing and counseling, prenatal care, PrEP and nPEP to prevent HIV infection, STD screening and treatment, vasectomy and female sterilization, and more.



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TCIL is expanding and has these new positions:

Operations Manager

Manages day-to-day Financial, Human Resources and Administrative operations. Responsible for Agency accounting practices, payroll, fiscal records, invoicing, financial reports and budgets, grant financial documents and grant reports. Compensation: Competitive Pay DOE.

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Support people with disabilities learn independent living skills, achieve greater independence and make their own choices. Compensation: \$15-\$17/hr. DOE

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Outgoing, highly organized, self-starting "people person" sought to initiate and coordinate outreach, volunteers and youth with disabilities. Compensation: \$14-\$15/hr. DOE

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For information on how to apply, application and position descriptions go to www.tilinet.org

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This position will assist the Director of
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Full job description and required application
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Application packets must be received by
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RG/PT ALL AREAS \$12.68-20.69 1/26/18

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#0959 ACCOUNTANT

RG/FT KLAMATH \$45,576-72,068 1/26/18

#0975 ADMINISTRATIVE ASSISTANT I-COUNCIL SUPPORT

RG/FT KLAMATH \$14.22-18.49 2/9/18

#0976 FISH TECHNICIAN I

RG/FT WILLOW CREEK/WEAVERVILLE
\$12.68-18.49 2/2/18

#0977 ESA SURVEY TECHNICIAN III

RG/FT KLAMATH/WEITCHPEC \$15.94-23.06 2/16/18



WIYOT TRIBE Social Worker

Provides direct social services, develops plans, completes assessments and reports, attends court, advocates for clients in the service area. B.A. in Psychology, Social Work or related field or 4 or more years of experience required.

Now accepting resumes, must complete a Wiyot Application for Employment. For a full job description and Wiyot Application of Employment visit www.wiyot.us.

Please send resumes and completed applications to:
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The North Coast Journal is seeking DISTRIBUTION DRIVERS



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CARGIVERS NEEDED NOW. Work from the comfort of your home. We are seeking caring people with a bedroom to spare to help support adults with intellectual delays. Receive ongoing training and support and a monthly stipend of 1200-4,000 + a month. Call Sharon at 442-4500 x 16 or visit www.mentorswanted.com to learn more.



CURRENT JOB OPENINGS

Interested applicants are encouraged to visit and apply online at www.SHCHD.org or in person at 733 Cedar Street, Garberville (707) 923-3921

DIRECTOR OF NURSING — SKILLED NURSING FACILITY

Perfect position for a registered nurse who is passionate about making a difference in the lives of others and enjoys leading a team. Full-Time incumbent oversees the staff and daily operations of an 8-bed Skilled Nursing Facility. Position reports directly to the Chief Nursing Officer. BSN required, previous management experience required. Must be familiar with Title 22 and skilled nursing regulations. This position is a great fit for an experienced Director looking for a positive career change.

LICENSED VOCATIONAL NURSE (LVN) OR REGISTERED NURSE (RN) OUTPATIENT CLINIC

Full-Time position. Current California LVN or RN license and BLS certification required. Work 8-hour shifts in out outpatient Rural Health Clinic. Amazing growth potential.

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Full-Time. Current California RN License, BLS, ACLS, & PALS certification required. Work 12-hour shifts in our critical access acute care & emergency room. Willing to train the right New RN Graduate.

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Full Time position. Current LVN license and CPR certification required. Work 12-hour shifts in our 8-bed skilled nursing facility.

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Full Time, Part Time, or Per Diem Positions. Direct Patient Care, activities with the residents/ patients. Must possess CNA Certificate and CPR Certification.

COOK

\$15 per hour, Full Time (32+ hours/week) Medical, Dental, PTO Benefits... Part time & per Diem available. Cook & follow a planned menu. Maintain dietary department sanitation. No license or certification required.

SHCHD wages start at \$15 per hour featuring an exceptional benefits package, including an employee discount program for services offered at SHCHD.



Purchasing Coordinator

Micro-brewery of premium plant nutrients and soil mixes seeking a highly knowledgeable, friendly, hardworking and reliable individual to join our team and fill the role of Purchasing Coordinator to help us continue to deliver the best possible products to our customers and help us grow! Full time position includes benefits.

The Purchasing Coordinator is responsible for coordinating activities involved with procuring goods such as raw materials, equipment, tools, parts, supplies, and services. The Purchasing Coordinator maintains inventories with regard to company needs.

Working with Fox Farm you can expect a fantastic company culture, exceptional professionalism and excellence every day, common courtesy and mutual respect, great benefits, financial rewards, pride of craftsmanship, quality of life, and to work with a great team of people!

Essential Functions:

- Reviews requisitions.
- Communicates with vendors to obtain product or service information such as price, availability, and delivery schedule.
- Evaluates suppliers on multiple criteria, e.g. price, quality, service support, availability, reliability, selection, etc.
- Selects products for purchase by testing, observing, or examining items.
- Estimates values according to knowledge and trends of market price.
- Maintains procurement records, such as items or services purchased, costs, delivery, product quality or performance, and inventories.
- Researches production, sales records, and current levels of inventory to determine supply and demand of products or materials used to ensure the right amount of product or materials are available at all times.
- Communicates and coordinates with shipping manager to ensure optimum efficiency in delivery.
- Communicates and discusses defective or unacceptable goods or services with production manager, quality control personnel, and vendors to determine source of trouble and take corrective action.
- Approves invoices for payment.
- Yearly forecasting for Raw Materials, strategizing orders/market.
- Ability to multitask and react to changes in production schedule.
- Follows and complies with all company safety policies/procedures.
- Other duties as assigned

Knowledge, Skill and Experience:

- High school diploma or GED required.
- Minimum 3 years' experience in purchasing, material management, logistics, supply chain or related field.
- Demonstrates proficiency in the use of inventory management software.
- Possesses specific knowledge of company's range of products and services.
- Possesses strong calculative and analytical skills.
- Pays close attention to detail.
- Demonstrates strong organizational skills.
- Exhibits ability to think creatively in order to devise best inventory control practices.
- Demonstrates strong interpersonal and customer service skills.
- Works well in a team environment.

Benefits:

- Medical
- Dental
- Vision
- 401k
- EAP
- Paid Time Off

We are an Equal Employment Opportunity Employer

To apply please bring your resume and complete an Application for Employment in person at 1900 Bendixsen Street, Samoa, CA at the North Gate entrance to the Fairhaven Business Park. Drug screen required.



K'ima:w Medical Center

*an entity of the Hoopa Valley Tribe, is seeking
applicants for the following positions:*

IT & Applications Technician

(\$52,000 DOE) (Temporary 2-3 months)

Physician

(\$190,000-240,000 per yr DOE)

Dental Hygienist

(staff or contracted)

Family Nurse Practitioner

(82,368-130,078 per yr DOE)

Physician Assistant

(\$83,595-108,680 per yr DOE)

Licensed Vocational Nurse

(\$39,620-51,520 per yr DOE, KGS 7)

Certified Medical Assistant

(\$31,990-41,600p, KGS 5)

RN (medication-assisted treatment)

(\$70,304-91,395 per yr DOE)

RN Care Manager

(\$70,304-91,395 per yr DOE)

Benefits Clerk

(\$28,600-37,170 per yr DOE)

Substance Abuse Counselor (medication-assisted treatment)

(\$39,600-51,500 per yr DOE)

Mental Health Clinician (medication-assisted treatment)

(\$58,600-91,300 per yr DOE)

Nurse Manager/Director of Nurses

(\$83,668-108,678 DOE)

Mental Health Clinician (LMFT or LCSW)

(\$58,600-91,300 per yr DOE)

Clinical Laboratory Scientist

(\$83,568-108,778 per yr DOE)

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



Humboldt County
Resource Conservation District
is seeking to hire a

Registered Professional Civil Engineer/Agricultural Engineer

to perform engineering services to support implementation of the USDA - Natural Resources Conservation Services (NRCS) Environmental Quality Incentives Program (EQIP).

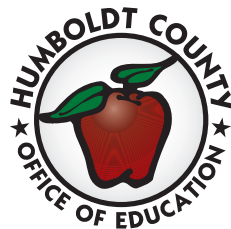
The full job description and application instructions can be found the HCRCD's website at http://humboldtcrd.org/index_files/JobOpportunity.htm.

Position is open until **February 19, 2018 or until filled.**

Application review will begin immediately and early submission of application is encouraged.

Applications may be hand-delivered or mailed to:
Humboldt County Resource Conservation District,
5630 South Broadway, Eureka, CA, 95503
or sent electronically to:

Executive Director Jill Demers
707-442-6058 x 5 | jillhcrd@gmail.com



Humboldt County Office of Education

Personnel Services Coordinator (Classified Management)

Humboldt County Office of Ed., FT, Perm.,
M-F, 8 Hrs./Day, Placement on the Management
Schedule A, DOE, not to exceed Column 10.

Qualifications: Grad. from an accredited 4 yr. college or university & a min of 4 years responsible exp. in personnel administration or any combination of education, specialized training, and exp. totaling not less than 8 yrs. in the field of personnel services. Previous exp. in a school system personnel department is desirable. Previous supervisory or coordination exp. required. Eligible for H&W, PERS retirement.

App. available at HCOE or online
www.hcoe.org/pers/appinfo.php

**Reply to: PERSONNEL, HCOE, 901 Myrtle Ave.,
Eureka, CA 95501 **Deadline 2/21/18, 4 pm****



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For more information regarding qualifications and to apply on line go to www.ci.eureka.ca.gov. We will be accepting applications until **5:00 p.m. on Friday, February 9th, 2018. EOE**

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 Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work.
 Application and job description available at www.changingtidesfs.org. Please submit letter of interest, resume, and application to Nanda Prato, Human Resource Director, at nprato@changingtidesfs.org or via U.S. mail to: 2259 Myrtle Avenue, Eureka, CA 95501. **Open until filled.** EOE



Northcoast Children's Services


TEAM TEACHER, Eureka
 Responsible for development & implementation of classroom activities for preschool children. Must meet Associate Teacher level on Child Dev Permit Matrix (3 units in admin prefer) & 1 yr exp teaching in a preschool setting. P/T (school yr) 28 hrs/wk; \$13.65-\$14.33/hr Position Open Until Filled

ASSISTANT COOK, McKinleyville
 Duties include assisting in the prep & organization of food, setting-up meals & snacks & kitchen cleanup for a preschool facility. Req basic cooking skills. Prior exp in food handling & service desired. P/T (school yr): M-Th 8am-2pm, 24hrs/wk \$11.13/hr Open Until Filled

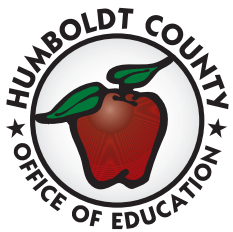
CLASSROOM ASSISTANT, McKinleyville
 Assist staff in the day-to-day operation of the classroom for a toddler program. 6-12 ECE units pref or enrolled in ECE classes & have 6 months exp working w/children. P/T (partial yr) 24 hrs/wk \$11.13-\$12.27/hr. Open Until Filled

TEMPORARY ASSISTANT TEACHER, Fortuna
 Assist staff in day-to-day operation of the classroom for a preschool program. 6-12 ECE units pref or enrolled in ECE classes & have 6 months exp working w/ children. PT (school yr) 20 hrs/wk \$11.13-\$12.27/hr. Open Until Filled

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 Intermittent (on-call) work filling in for Classroom Assistant, Assistant Teachers, Cooks/Assistant Cooks or occasional childcare for parent meetings. Req exp working w/children or cooking. \$11.13/hr. No benefits. Submit Sched of Availability form w/app.
 Positions include vacation, holidays & sick leave benefits.
 Submit applications to:
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 1266 9th Street, Arcata, CA 95521
 For addtl info & application please call 707-822-7206 or visit our website at www.ncsheadstart.org



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Humboldt County Office of Education
Foster Youth Education Caseworker
 Humboldt County Office of Ed., FT, Perm., M-F, 7.5 Hrs./Day, 11 Mo. Position. \$14.09-\$19.94/Hr. DOE.
Qualifications: Grad. from High School or equiv. + not less than 1 year of college level educ. or equiv. training in the field of social work or related field; 2 years of exper. working with at-risk youth. Eligible for H&W, PERS retirement.
 App. available at HCOE or online www.hcoe.org/pers/appinfo.php
Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501 Deadline 1/31/18, 4 pm

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WILLOW CREEK - \$1,100,000

±21 south facing acres with 200 amp PG&E, generator, large barn/shop. Fully fenced garden, new well, pond, water storage. Permit app on file for 43,560 sq ft of outdoor.

WILLOW CREEK-HOME ON ACREAGE-\$1,200,000

±9 Acres on 4 separate parcels with cultivation permits totaling 20,000 sq. ft. of mixed light. Property hosts two homes, building sites with community water & power, 45x50 shop.



270 SKYLINE DRIVE, BENBOW - \$1,500,000

Beautiful homestead with PG&E, community water, epic views, private convenient location. Features custom home, detached garage & outbuilding, and flat usable land.

SALMON CREEK-LAND PROPERTY-\$750,000

±40 Acre gated, south-facing parcel w/ year-round creek, pond, water storage, solar, backup generator, 2 shops, outbuildings, 2/1 cabin. Interim permit for 16,000 sf of outdoor and 2,000 sf of mixed light.



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±160 Acres with great sun exposure, multiple year-round water sources, well permit, several flats & bldg sites, roads, cabin, secure gates. Interim permit in hand from the county for 14, 283 sf of mixed light.

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±203 Acres with permit application for 43,560 sf outdoor. Turn-key featuring well & 10k gal water storage, cargo containers, yurt, detached bathhouse, and a large two-story barn.



DOWS PRAIRIE LAND/PROPERTY - \$299,000

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BACK ON THE MARKET!



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±7 acre turn-key farm with manufactured home. Greenhouse, well, orchard, garden sites, garage, shop, tractor & equipment, irrigated yard. Permit app on file for 10,000 sf mixed light.

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±40 Developed acres with southern exposure in Humboldt County! Parcel features pond, open meadows, large flats, cabin & other outbuildings, with outstanding views of Ruth Lake.



NEW LISTING!

SALYER-LAND/PROPERTY-\$329,000

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±30 Acres 45 minutes from Fortuna. Permits on file for 20,000 sq. ft. of outdoor. Good road access, beautiful views, a spring, a small cabin, and gently sloping grassy meadows.

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±160 Acres with permits on file for 1 acre of outdoor cultivation. Features creek access, permitted well, 12,500 gal of water storage, barn & permitted processing structure.



REDUCED PRICE!

LEGGET-LAND/PROPERTY-\$ 2,150,000

±954 Acres made up of 11 parcels in Mendocino county, with multiple water sources. House, brand new guest cabin, hunting shed, warehouse, several undeveloped flats and building sites.



REDUCED PRICE!

humboldtlandman.com

Meet Our Employee: Chris Owsley



Murphy's Market would like to introduce their new meat manager of the Glendale store, Chris Owsley. Chris was born and raised in Humboldt County and has been cutting meat for the last 17 years. "I started at Murphy's about five years ago. I started in the meat department in Trinidad, worked there for a bit, and then I moved over to Glendale and became the meat manager," explains Chris.

When Chris is not working, you can normally find him outside. "I love everything to do with the outdoors. I really enjoy hunting, fishing and I have a great succulent garden. I am also happily married and enjoy spending time with my family," explains Chris. Like many other Murphy's workers, the customers and fellow staff members have become a second family to Chris. "I love working in a place where everyone knows my name. Everyone is so supportive and they have really taken me in like a family."

For a great selection of local and organic meat, look no further than your local Murphy's meat department. If your local market happens to be Glendale, make sure you say hi to Chris and experience that Murphy's family experience first hand.



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12 Paks

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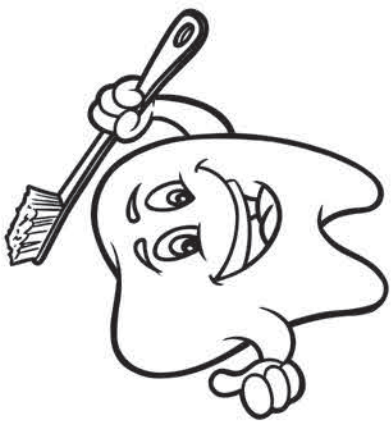
February is **National Children's Dental Health Month**
Join us at the **St. Joseph Health Fair**
Saturday, February 3, **10AM-3PM**
Bayshore Mall

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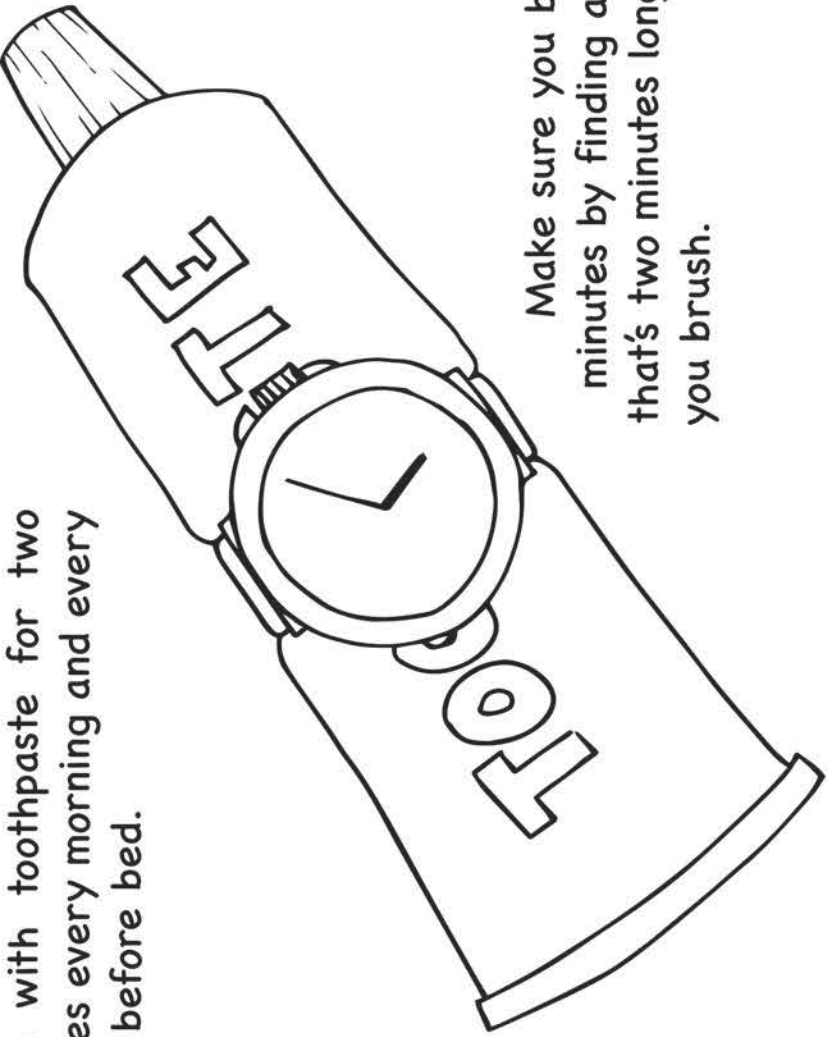
CAVITY FIGHTER



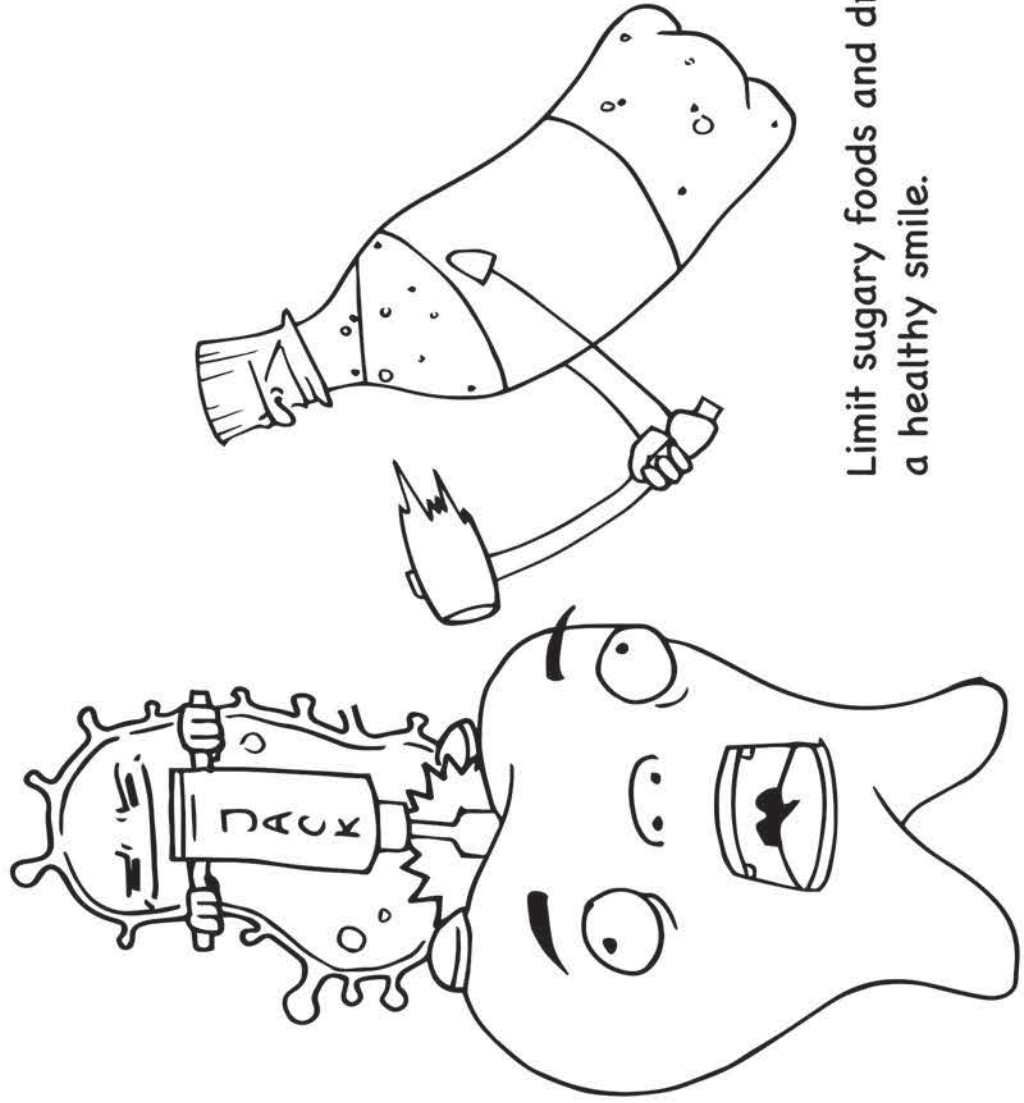
Cavities destroy our teeth! They are caused by bacteria in our mouths that turn sugars and carbs we eat into acid. The acid eats away at the enamel that

protects our teeth. You can fight cavities if you Brush twice a day, Floss at least once a day, Visit the dentist twice a year, Eat healthy foods and drink water.

Brush with toothpaste for two minutes every morning and every night before bed.



Make sure you brush for 2 minutes by finding a good song that's two minutes long. Listen as you brush.



Limit sugary foods and drinks for a healthy smile.

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Cavity prevention and good oral health begins at birth.



Pregnant women should see a dentist to reduce the risk of gum disease.



Wipe babies' gums with a soft cloth or baby toothbrush after feeding.



Children should see a dentist by age 1.



Kids age 8 and younger need help brushing.

You can have healthy teeth for life by brushing 2 times a day for 2 min, flossing daily and seeing a dentist every 6 months.

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